Health Quality Ontario

The provincial advisor on the quality of health care in Ontario

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Indicator Technical Specifications for the Palliative Care at the End of Life Report

Technical Appendix



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1. Introduction

The technical appendix provides general information on the data sources, analytical methods, limitations, as well as detailed information for each indicator presented in the *Palliative Care at the End of Life* report.

2. Data Sources

The health care utilization indicator results presented in this report are provided by Institute for Clinical Evaluative Sciences (ICES) based on analysis of administrative databases. The findings related to patient and caregiver experience are based on select questions from the 2014 and 2015 Commonwealth Fund International Health Policy Surveys and the CaregiverVoice survey conducted in selected residential hospices from November 2014 to October 2015

The data source(s) for each indicator are listed within the individual templates. More details on the specific data sources that HQO used to produce the indicators are noted section 5, <u>Indicator Templates</u>.

CaregiverVoice (CV) Survey

The CaregiverVoice (CV) Survey was developed to measure patients' and families' experiences with end-of life care from the self-reported perspectives of the patient's primary informal caregiver after the patient has died. The intention of the survey is to provide user-derived information to guide local quality improvement activities and provide an indication of palliative care quality at community and provincial levels. The CV Survey is a care experience questionnaire as opposed to an outcome measure. The 62-item CV Survey measures the care experience across multiple care settings and at different time points in the care trajectory, including in the last three months of life, the last week of life, and at the time of death. Domains of care assessed are pain management, symptom management, emotional support, spiritual support, and practical support (in the home), as well as care in urgent situations, primary care involvement, decision making, continuity between care settings, advance care planning, and bereavement support. The data presented in the report is based on the CV survey conducted in selected residential hospices for 534 caregivers of people who died in these hospices.

Commonwealth Fund's (CMWF) International Health Policy (IHP) Survey

As part of its mandate, the Commonwealth Fund (CMWF) has been conducting the International Health Policy Survey in 11 countries (Australia, Canada, France, Germany, Netherlands, New Zealand, Norway, Sweden, Switzerland, United Kingdom and United States) for more than a decade. In a triennial cycle, the IHP survey targets different populations, including physicians, older adults, and the general adult population. Data for this report are taken from the 2014 and 2015 years of the survey. The 2014 CMWF survey reflects the perceptions of a random sample of adults aged 55 or older who were surveyed via telephone between March and May 2014. The data were weighted to represent the Canadian and Ontario population aged 55 and older. Parameters used for weighting were age-by-gender, education and knowledge of either English or French, all based on information from the 2011 census by Statistics Canada. The 2015 CMWF survey reflects the perceptions of a random sample of primary care physicians who were surveyed online, by mail, and telephone between March and November 2015. The data were weighted to account for the over-representation of primary care doctors in some provinces, the availability of the email addresses, and the differential non-response along known geographic and demographic parameters. The weighting adjustment was conducted in 2 stages: design weight and stratification weight. Data were weighted by age and gender within Ontario, Quebec and the rest of Canada. Additionally, it was subsequently weighted to reflect Canada's distribution of primary care doctors by province. All benchmarks were derived from the January 2015 Canadian Medical Association Masterfile. In this report, we compare Ontario data to the international survey results where possible.

Continuing Care Reporting System (CCRS) – Canadian Institute for Health Information (CIHI)

CIHI developed the CCRS to enhance the collection of standardized facility-based longterm care and complex continuing care information for national comparative reporting. The CCRS contains demographic, administrative, clinical and resource utilization information on individuals receiving continuing care services in hospitals or in long-term care homes in Canada. Participating organizations also provide information on facility characteristics to support comparative reporting. The clinical data are collected using an internationally accepted standard, the Resident Assessment Instrument-Minimum Data Set Version 2.0 (RAI-MDS 2.0). Each resident in a long-term care home is assessed at admission and every three months or whenever they experience a significant change in health status. The RAI-MDS 2.0 assessment includes patient-level measures of function, mental and physical health, social support and service use. It was modified by CIHI with permission for Canadian use. All long-term care homes in Ontario have submitted data to CIHI on a quarterly basis since 2009.

Discharge Abstract Database (DAD) – Canadian Institute for Health Information (CIHI)

The DAD is a database of information abstracted from hospital records that captures administrative, clinical and patient demographic information on all hospital inpatient separations, including discharges, deaths, sign-outs and transfers. CIHI receives Ontario data directly from participating facilities or from their respective regional health authorities or the Ministry of Health and Long-Term Care. The DAD includes patient-level data for all acute- and chronic-care hospitals, and rehabilitation hospitals in Ontario. Data are collected, maintained and validated by CIHI. The main data elements of the DAD are patient identifier (e.g. name, health care number), administrative information, clinical information (e.g. diagnoses and procedures) and patient demographics (e.g. age, sex, geographic location).

Home Care Database (HCD) – Ministry of Health and Long-Term Care (MOHLTC)

The HCD is a clinical, patient-centred database that captures all home care services provided or coordinated by Ontario's Community Care Access Centres (CCACs), including government-funded Health Quality Ontario | Measuring Up 2015 | Technical Appendix 12 home and community services. The HCD is managed by the Ontario

Association of Community Care Access Centres (OACCAC). It includes patient, intake, assessment, and admission/discharge information. This information is used to determine the eligibility of patients and the intensity of care coordination, care planning, and services that align with their care needs. Clinical data are collected using standardized interRAI tools, including the Resident Assessment Instrument for Home Care (RAI-HC).

National Ambulatory Care Reporting System (NACRS) – Canadian Institute for Health Information (CIHI)

NACRS contains data for all hospital-based and community-based emergency and ambulatory care, including day surgeries, outpatient clinics and emergency departments. Data are collected, maintained and validated by CIHI. CIHI receives Ontario data directly from participating facilities or from their respective regional health authorities or the Ministry of Health and Long-Term Care. Data are collected, maintained and validated by CIHI. Data elements of the NACRS include patient identifier (e.g. name, health care number), patient demographics (e.g. age, sex, geographic location), clinical information (e.g. diagnoses and procedures), and administrative information.

National Rehabilitation Reporting System (NRS) – Canadian Institute for Health Information (CIHI)

The National Rehabilitation Reporting System (NRS) was developed by CIHI in 2001 to support data collection by hospitals for inpatient rehabilitation clients who are mainly age 18 and older. The rehabilitation services are usually provided in specialized rehabilitation hospitals and in general hospitals within rehabilitation units, programs or groups of rehabilitation beds. The NRS database captures clients with a range of health conditions, including strokes, orthopedic conditions and amputations.

Ontario Health Insurance Plan (OHIP) – Ministry of Health and Long-Term Care (MOHLTC)

The OHIP claims database covers all reimbursement claims to the MOHLTC made by fee-for-service physicians, community-based laboratories and radiology facilities. The OHIP database at ICES contains encrypted patient and physician identifiers, codes for services provided, date of service, the associated diagnosis and fee paid. Services which are missing from the OHIP data include: some lab services; services received in provincial psychiatric hospitals; services provided by health service organizations and other alternate providers; diagnostic procedures performed on an inpatient basis and lab services performed at hospitals (both inpatient and same day). Also excluded is remuneration to physicians through alternate funding plans (AFPs), which could distort analyses because of their concentration in certain specialties or geographic areas.

Registered Persons Data Base (RPDB) – Ministry of Health and Long-Term Care (MOHLTC)

The RPDB provides basic demographic information about anyone who has ever received an Ontario health card number. The RPDB is a historical listing of the unique health numbers issued to each person eligible for Ontario health services. This listing

includes corresponding demographic information such as date of birth, sex, address, date of death (where applicable) and changes in eligibility status. Data from the RPDB are enhanced with available information through other administrative data sources at the Institute for Clinical Evaluative Sciences (ICES); however, even the enhanced dataset overestimates the number of people living in Ontario for several reasons, including the source of death information and record linkage issues. Although improvements have been made in recent years, the RPDB still contains a substantial number of individuals who are deceased or no longer living in Ontario. As such, the RPDB will underestimate mortality. To ensure that rates and estimates are correct, a methodology has been developed to adjust the RPDB so that regional population counts by age and sex match estimates from Statistics Canada.

3. Analysis

The analysis plan was developed based on a review of relevant published and unpublished literature, particularly drawing from work conducted in Ontario (i.e. HSPRN paper "Understanding the Provision of End-of-Life and Palliative Care Services in Ontario" and the Ontario Ministry of Health and Long-Term Care Quarterly Report, April 2015) [1,2,3] and in consultation with the Ontario Palliative Care Network and subject matter experts (Dr. Peter Tanuseputro and Dr. Hsien Seow).

Significance Testing

Administrative data

Statistical significance was determined by comparing the 95% confidence intervals for each value. Confidence intervals were used to compare results at the regional, neighbourhood income and urban/rural levels. A value is said to be significantly different from another if the confidence intervals for the two values do not overlap. The report states higher/lower result only when results are statistically significant based on this method of testing.

Commonwealth Fund survey data

Social Sciences Research Solutions conducted statistical analyses to compare responses across countries and provinces within Canada. For provincial comparisons, statistical tests were conducted to compare each province's response to every other province and to Canada as a whole. Ontario's results were also compared to other countries. Significance was assessed based on a P-value of less than 0.05, meaning

¹ Tanuseputro P, Budhwani S, Bai YQ, Wodchis WP. How much palliative care is delivered at the end-of-life? A population-level observational study in Ontario. Presented at Canadian Association for Health Services and Policy Research Conference; Toronto (ON). 2015 May.

² Tanuseputro P, Budhwani S, Bai YQ, Wodchis WP. Understanding the Provision of End-of-Life and Palliative Care Services in Ontario. Health System Performance Research Network. 2013 Jun.

³ Health Analytics Branch, Health System Information Management and Investment Division, Ontario Ministry of Health and Long-term Care. The Quarterly. Health Care System Quarterly Reporting for Ministry Senior Management

Health Analytics Branch, Health System Information Management and Investment Division. Toronto (ON). 2015 Apr; 13: 1-18.

that there was less than a 5% probability that the difference was due to chance rather than real differences in respondents' experiences.

Limitations

- The results should be interpreted with caution as regional variation in the observed rates of services could potentially be affected by availability of resources for providing palliative care (i.e. palliative designation in home care, SRC-95).
- In some sectors, administrative databases do not capture care provided by nonphysicians such as nurses and nurse practitioners who may be providing a substantial portion of palliative care (i.e. OHIP).
- Administrative data has a limited capacity to capture clinical details, quality of care received or appropriateness of health service utilization.
- The presented results do not capture the number and frequency of palliative care services received by each palliative care patient. Also, there is no evidence on what constitutes the appropriate number of palliative care services and whether receiving one service is sufficient. For this reason, it is not possible in this report to comment on the quality or appropriateness of care.

For details on additional indicator-specific details and limitations, please see the individual indicator templates in section 5, <u>Indicator Templates</u>.

Description	 The palliative care patient population for this report was defined as: People who died in 2014/15 in Ontario, who received any palliative care services or were designated as end of life in their medical records in the last 12 months of life. Deaths in 2014/15 in Ontario were identified from RPDB Using the ICES Key Number (IKN), death records identified from RPDB were linked to the CCRS, DAD, HCD, NACRS, and OHIP to select records that had at least one palliative care service code or EoL designation in the last 12 months of life. Note: This population serves as the DENOMINATOR for the indicators	
Calculation	In developing the palliative care patient population, palliative care patients were counted only once if there were multiple records of palliative care services identified. Diagnoses and service codes that were used for selecting the palliative care services and end of life designation grouped by care settings:	

4. Palliative Care Patient Population

DALLIATIVE CADE DATIENT DODUL ATION

1.	Outpatient / Community
	OHIP (Individuals with physician visit(s) for palliative
	care)
	A945: Special palliative care consultation in
	clinic, office, home; minimum 50 minutes
	K023*: Palliative care support in half hour
	increments: may be used to add time for
	longer consultations where Location = (0) or
	'H' or 'D'
	G512: Weekly care case management from
	• G512. Weekly care case management (Mon
	Palliative primary care management (won-
	Sun) – This code should be considered as
	outpatient (nowever, sometimes, it may be
	billed in hospital).
	G511: Lelephone services to patient receiving
	PC at home (max 2/week)
	B966: I ravel premium for palliative care (billed
	with B998/B996)
	B998: Home visit for palliative care between
	07:00 and 24:00
	B997: Home visit for palliative care between
	24:00 and
	K700: Palliative care out-patient case
	conference
	Home based physician visits
	 Travel codes B966, B997, B998 and
	telephone consult code G511
2.	Acute care (Hospital admissions)
	CIHI-DAD
	• ICD-10 Code: Z51.5 and ICD-9 Code: V66.7:
	Any diagnosis of "palliative"
	• PATSERV = 58: main patient service of
	"palliative care" was responsible for care
	• PRVSERV[1-8] or INSERV[1-20] = 00121:
	"palliative medicine" was a provider who
	provided service, or an intervention service
	code of palliative medicine was provided.
	OHIP billinas
	A945: Special palliative care consultation
	(afterhours billing) where location = 'l'
	K023*: Palliative care support in half hour
	increments, if patient was in hospital during
	date of claim 1 ocation = 'l'
	C945: Special palliative care consult
	(minimum 50 minutes): K023 may be used to
	(111111111111111111111111111111111111

add time for longer consultations following a	
add time for longer consultations following a	
C882: Family medicine palliative care, non-	
emergency (routine) hospital inpatient service	÷
 C982: Specialist palliative care, non- 	
emergency (routine) hospital inpatient service	·.
NACPS (EP room visite)	,
• PRVSERV [1-10] = 00121: Provider service	
code of palliative medicine	
 CONSULTSERV1 to CONSULTSERV3 = 	
00121: Consult service of palliative medicine	
was called	
3 Homo Caro	
SRC_admission = 95: Service recipient code	
(i.e., classification) of end of life on admission	i -
Service RPC = 95: Service care goal of end	
of life: patient provided service under end of	
life designation	
$\mathbf{R}_{\text{residence}} = 2000; \text{ Staving in basis of } \mathbf{R}_{\text{residence}}$	r
Residence_type = 2000. Staying in hospice o	I
pallative care unit while receiving service	
SRC_discharge = 95: Service recipient code	
of end of life on discharge (Note: Select all	
records with SRC-95 in any assessment	
record)	
RALHC	
P2S = 1 or 2: Hospice care was provided with	
F25 – T OF 2. HOSpice care was provided with	1
complete or partial adherence	
• CC3f goals of care = pallative care (cc3f = 1)	
RAI-CA	
 B2c = 1: Referral to initiate/continue palliative 	
care FROM RAI-CA	
 B4 = 12: Expected place of stav during servic 	е
of Hospice facility or Palliative Care Unit	
• Ouestions on RALCA (E7-2 end of life) RAL	
HC (KQc) Program of loss than 6 months to	
HC (Kee: Prognosis of less than 6 months to	
live – e.g. physician has told client or client's	
family that the client has end-stage disease)	
4. Long-term care (LTC) facilities	
OHIP billing codes:	
A945: Special palliative care consultation	
(afterbours billing) where location - 1.	
(alternouis billing) where iocation - L	
KU23 [*] : Palliative care support in half hour	
increments if delivered in LTC. Location = 'L'	
W872: Family physician palliative care	
subsequent visit	

	W972: Specialist physician palliative care
	subsequent visit
	Continuing Care Reporting System (CCRS-LTC):
	 P1AO = 1: Received hospice care in last 14
	days (from RAI-MDS assessment)
	5. Complex Continuing care (CCC)
	OHIP billing codes:
	 W882: Family physician palliative care
	subsequent visit
	W982: Specialist physician palliative care
	subsequent visit
	Continuing Care Reporting System (CCRS):
	 P1AO = 1: Received hospice care in last 14
	days (from RAI-MDS assessment)
	Exclusions:
	Invalid IKN
	• Age >115
	 Non- resident in Ontario
	 Missing/invalid sex or birthdate
	 Patients with OHIP records > 30 days after
	death date
	 Patients who died of significant trauma or
	injury (MCC = '19' and dischdisp = '07')
	Nataa
	Notes:
	- "Determining location of KU23 OHIP records:
	The location of K023 defaults to office even if
	physician visit did not occur in an office. In order to
	try to determine a more accurate location of KU23 all
	OHIP billings for that patient from the same physician
	on the same servidate were compared. If the location
	of the other billings were different from the K023
	billing (i.e. Inpatient, ED, Home, Phone, or LIC) then
	the other location was assigned. If no other billings
	from the same physician on the same day exist, the
	location of KU23 was assigned as (office).
	- For each palliative care patient, the first month when
	palliative care was observed over the 12 month
	period was identified.
	- invitible service codes billed on the same day from
	one source (OHIP) was counted as one claim.
Data source / data	Continuing Care Reporting System (CCRS), Discharge
elements	Abstract Database (DAD), Home Care Database (HCD),
	National Ambulatory Care Reporting System (NACRS),
	Ontario Health Insurance Plan (OHIP), Registered Persons

	Data Base (RPDB), provided by the Institute for Clinical
	Evaluative Sciences (ICES)
	Note:
	- This applies to the entire palliative care patient
	population (which serves as the denominator for the
	indicators); for data sources specific to each
	indicator, please see data sources section of the
	indicator of interest
Limitations / Caveats	The number of palliative care patients in the selected
	population may be underestimated due to limitations
	in coding practices, i.e. in some cases, palliative care
	may be delivered but not coded as such. This is more
	pronounced for the long-term care sector where a
	significant proportion of long-term care residents
	likely receive palliative care, however it may not be
	coded as palliative.
	 The services that qualified palliative care patients for
	inclusion in the selected population were
	subsequently used to measure the indicators (e.g.,
	ED visits, hospital admissions, etc.) which may bias
	the results.
	Some palliative care patients included in the selected
	population may not have been eligible for any other
	palliative services in the community as they may
	have received their first palliative care service in that
	12 month period during the hospitalization at their
	last month of life, and died during that admission.
	While patients who died of significant trauma or injury
	were excluded from the analysis, it was difficult (and
	not feasible with our data) to identify other deaths
	that can be classified as sudden and would have also
	been excluded.

5. Indicator Templates

HOME CARE SERVICES IN	THE LAST 30 DAYS OF LIFE
Description	This indicator measures the percentage of (community-dwelling) palliative care patients who received at least one home care service within their last 30 days of life, reported as: 1. Any home care 2. Palliative home care
	A higher percentage is better.
Relevance/Rationale	Frequent admissions to hospital at the end of life may indicate that primary care or community-based services are not meeting all of patients' end-of-life care needs, and may contribute to challenges with continuity of care.[1] Receiving palliative home care was associated with a 50% reduction in the risk of dying in an institution.[2] According to a study of terminally-ill patients, those who received in-home palliative care from an interdisciplinary team were more satisfied with care, more likely to die at home, less likely to visit emergency department, and less likely to be admitted to hospital.[3] A Canadian report estimated that shifting 10% of palliative care patients from acute care to home care would save \$9 million in health care costs.[4]
Reporting tools external to	Nono
HQO	INDITE
Unit of analysis	Percentage
Calculation	Numerator Number of (community-dwelling) palliative care patients who received at least one home care service within their last 30 days of life, reported as: 1. Any home care Home Care Database (HCD): services variable SERVICE = [1-13, 16-18] SERVICE = Type of service provided (home care service) - 1 = Nursing - Visit - 2 = Nursing - Shift (Hour) - 3 = Respiratory Services - 4 = Nutrition/Dietetic - 5 = Physiotherapy - 6 = Occupational Therapy

	 7 = Speech Language Therapy
	- 8 = Social Work
	- 9 = Psychology
	- 10 = Case Management
	 11 = Personal Services (Hour)
	 12 = Homemaking Services (Hour)
	- 13 = Combined Ps And Hm Services (Hour)
	- 14 = Placement Services
	- 15 = Respite
	 16 = Mental Health and Addiction Nursing Visit
	- 17 = Nurse Practitioner Palliative Visit
	 18 = Rapid Response Nursing Visit
	- 99 = Other
	2. Palliative home care
	Home Care Database (HCD):
	 SRC_admission = 95: Service recipient code
	(i.e., classification) of end of life on admission
	 Service_RPC = 95: Service care goal of end of
	life; patient provided service under end of life
	designation
	 Residence_type = 2000: Staying in hospice or
	palliative care unit while receiving service
	 SRC_discharge = 95: Service recipient code of
	end of life on discharge
	Denominator
	The number of palliative care patients**
	Exclusions:
	 Palliative care patients who spent their last
	month in the hospital, LTC/CCC or NRS.
	Note:
	- **See the denominator methodology details in
	the palliative care patient population technical
	template
	Methods
	Numerator/Denominator*100
	Adjustment (risk, including age/sex standardization)
	N/A
Data source / data	Home Care Database (HCD) and Registered Persons
elements	Data Base (RPDB) provided by the Institute for
	Clinical Evaluative Sciences
	Note:

	 This applies to the numerator; see data sources for constructing the palliative care patient population (denominator) in the palliative care patient population technical template
Levels of	Provincial, LHIN, age groups, sex, urban/rural setting,
comparability/stratification	neighbourhood income quintiles
Limitations / Cavaats	The data den't show information on the details and
Limitations / Caveats	 The data don't show mormation on the details and quality of the home care, health care needs, preferences and appropriateness of the care The data shows the number of palliative care patients that had at least one home care service. which may not be sufficient There is no evidence of what is the appropriate amount or mix of home care services for palliative care patients to which this could be compared. The data do not show if palliative care patients had any other support or a caregiver.

1. Dudevich A, Chen A, Gula C, Fagbemi J. End-of-life hospital care for cancer patients: an update. Healthc Q. Toronto (ON). 2013 Dec;17(3):8-10.

2. Tanuseputro P, Beach S, Chalifoux M, Wodchis W, Hsu A, Seow H, et al. Effect of physician home visits for the dying on place of death. [Under publication].

- 3. Brumley R, Enguidanos S, Jamison P, Seitz R, Morgenstern N, Saito S, McIlwane J, Hillary K, Gonzalez J. Increased satisfaction with care and lower costs: results of a randomized trial of in-home palliative care. J Am Geriatr Soc. 2007 Jul 1;55(7):993-1000.
- Hodgson C. Cost-effectiveness of palliative care: A review of the literature. Prepared for Canadian Hospice Palliative Care Association. Ottawa (ON). [Date unknown]. Available from: <u>http://hpcintegration.ca/media/24434/TWF-Economics-report-Final.pdf</u>

HOME VISITS BY A DOCTOR IN THE LAST 30 DAYS OF LIFE		
Description	This indicator measures percentage of (community- dwelling) palliative care patients who received a home visit by a doctor within their last 30 days of life, reported as: 1. Any home visit by a doctor 2. Palliative care home visit by a doctor	
	A higher percentage is better.	
Relevance/Rationale	There are several factors that may affect the place of death and one of the key factors is getting physician house calls.[1] Previous studies conducted in Ontario showed that the proportion of patients receiving a house call in the last six months was 33%. The same study showed that patients receiving home care or house calls are much less likely to die in hospital.[2] After adjustment for multiple factors (including patient illness, home care services, and days of being at	

	home), receiving at least one physician home visit in the last year of life from a non-palliative care physician was associated with a 47% decrease of dying in hospital. When a palliative care physician specialist was involved, the overall risk declined by 59% [3]
	Based on a College of Physicians and Surgeons of Ontario policy statement on "Planning for and Providing Quality End-of-Life Care," physicians are key to planning for end-of-life and can ensure that the care provided to patients aligns with their wishes, values and beliefs.[4] A physician visit at the end-of-life may provide symptom relief and psychological support that may prevent a visit to the emergency room and a subsequent admission into hospital. An involved physician may also facilitate access to additional services, including those provided through home care, which involves allied health care practitioners and, at times, the care of a specialist palliative care team.[3]
HQO reporting tool	Palliative Care at the End of Life Theme Report
Reporting tools external to HQO	None
Unit of analysis	Percentage
Calculation	Numerator
	Number of (community-dwelling) palliative care patients who received a home visit by a doctor in their last 30 days of life, reported as:
	 Any home visit by a doctor G511: Telephone services to patient receiving PC at home (max 2/week) B966: Travel premium for palliative care (billed
	 with B998/B996) B998: Home visit for palliative care between 07:00 and 24:00 (Sat, Sun, and holidays) or B997: Home visit for palliative care between 24:00 and 07:00
	 A901 (GP/FP house call) B990 Special visit to patient's home (weekday/daytime)
	 B992 Special visit to patient's home (weekday/daytime), with sacrifice to office hours B994 (special visit to patient's home, non- elective, evenings) B996 (special visit to patient's home, night time, first patient of the night)

	2 Palliativo caro homo visit by a doctor
	2. Failative care nome visit by a doctor
	- GSTT: Telephone services to patient receiving
	PC at nome (max 2/week) B066: Travel promium for palliative care (billed
	- D900. Travel premium for painative care (billed with B998/B996)
	- B998: Home visit for palliative care between
	07:00 and 24:00
	- B997: Home visit for palliative care between
	24:00 and 07:00
	Denominator
	The number of palliative care patients**
	Exclusions:
	- Palliative care patients who spent their last
	month in the hospital, LTC/CCC or NRS.
	Noto:
	NOTE: ** See the denominator methodology details in
	the palliative care patient population technical
	template
	Methods
	Numerator/Denominator*100
	Adjustment (risk, including age/sex standardization)
	N/A
Data source / data	Ontario Health Insurance Plan (OHIP) and Registered
elements	Persons Data Base (RPDB) provided by the Institute
	for Clinical Evaluative Sciences
	Note:
	- This applies to the numerator: see data sources
	for constructing the palliative care patient
	population (denominator) in the palliative care
	patient population technical template
Levels of	Provincial, LHIN, age groups, sex, urban/rural setting,
comparability/stratification	neighbourhood income quintiles
descriptions	The data depends include information and the second
Limitations / Caveats	- The data doesn't include information on the quality
	or the care, clinical details, fiedlificate fields,
	- The data shows the number of palliative care
	patients that had at least one house call. There is
	no evidence of what is the appropriate number of
	house calls to which this could be compared

1. Costa V. The Determinants of Place of Death: An Evidence-Based Analysis. Ont Health Technol Assess Ser [Internet].. 2014 Dec;14(16):1-78. Available from:

http://www.hqontario.ca/evidence/publications-and-ohtacrecommendations/ontario-health-technology-assessment-series/eol-determinants-place-of-death

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UNPLANNED EMERGENCY	DEPARTMENT (ED) VISITS IN THE LAST 30 DAYS
OF LIFE	
Description	This indicator measures the percentage of palliative care patients who had at least one unplanned emergency department (ED) visit in their last 30 days of life.
Relevance/Rationale	The ED may not be the best treatment place for patients with a terminal illness. A palliative care patient who needs to visit the ED may be considered as a failure of the health care system.[1] Another study suggests that visits to the ED at the end of life are considered as an indicator of poor-quality care for patients with cancer as the visit can be disruptive, distressing and exhausting. [2] It also represents a transition in a patient's care and creates challenges for the continuity of care, and increases the risk of either miscommunication or lack of documentation of care among changing care providers. While not every ED visit is unwanted and a proportion of these visits may be needed, a study suggested that nearly one-fourth of ED visits by patients with advanced cancer receiving palliative care can be potentially avoidable.[3]
HQO reporting tool	Palliative Care at the End of Life Theme Report
Reporting tools external to HQO	 Similar indicators: OPCN has "Percentage of Ontario palliative care patients who visited the ER in the last 2 weeks of life" for LHIN reporting. Cancer Care Ontario in CSQI is reporting "Percentage of cancer patients who visited the emergency department in the last two weeks of life"
Unit of analysis	Percentage
Calculation	Numerator

	The second sector all all a second sector that the last terms
	The number of palliative care patients who had at least one unplanned emergency department visit within their last 30 days of life.
	People who had unplanned ED visit in NACRS Unscheduled/unplanned ED visits are identified by: NACRS variables VISITTYPE = [1,2,4] OR SCHEDEDVISIT = N
	Evelueiene
	EXClusions:
	- Planned ED VISIIS
	The number of palliative care patients**.
	Exclusions:
	- Palliative care patients who were in hospital for
	the entire period of their last 30 days of life as
	people who are in hospital during this time
	cannot be having an unplanned ED visit
	Noto
	Note.
	the palliative care patient population technical
	Methods
	Numerator/Denominator*100
	Adjustment (risk, including age/sex standardization)
	N/A
Data source / data	National Ambulatory Care Reporting (NACRS) and
elements	Registered Persons Data Base (RPDB) provided by
	the Institute for Clinical Evaluative Sciences
	Noto:
	This applies to the numerator: see data sources for
	constructing the palliative care patient population
	(denominator) in the palliative care patient
	population technical template
Levels of	Provincial, LHIN, age groups, sex, urban/rural setting,
comparability/stratification	neighbourhood income quintiles
descriptions	
Limitations / Caveats	Missing the information on clinical details, health
	care needs, preferences and appropriateness of
	the hospital visits.

٠	Hard to interpret as there are no benchmarks or
	targets on the acceptable rate of ED visits in this patient population
	paront population.

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- 2. Barbera L, Paszat L, Chartier C. Indicators of poor quality end-of-life cancer care in Ontario. J Palliat Care. 2006 Apr 1;22(1):12-17.
- 3. Delgado-Guay MO, Kim YJ, Shin SH, Chisholm G, Williams J, Allo J, Bruera E. Avoidable and unavoidable visits to the emergency department among patients with advanced cancer receiving outpatient palliative care. J Pain Symptom Manage. 2015 Mar 31;49(3):497-504.

BEING ADMITTED TO HOSP	VITAL IN THE LAST 30 DAYS OF LIFE
Description	This indicator measures the percentage of palliative care patients who had at least one hospital admission in their last 30 days of life
Relevance/Rationale	While studies show that most people prefer to die in their usual place of residence [1], hospitals remain the provider of end-of-life care for a majority of Canadians.[2] With patient-focused concerns of delivery of healthcare, there is a need to examine current end-of-life practices and try to better match the healthcare desires of patients to deliver this care. Hospital admissions or intensive care admissions at the end of life are considered an indicator of poor quality of care at the end of life. High rates of hospital use may indicate lack of appropriate palliative care at the end of life and also show challenges with access to primary health care or other community-based services. However, the realities of dying are much more complex and unpredictable.
HQO reporting tool	Palliative Care at the End of Life Theme Report
Reporting tools external to HQO	None
Unit of analysis	Percentage
Calculation	 Numerator The number of people in the denominator who had at least one hospital admission in their last 30 days of life. Note: Analysis includes palliative care patients who had at least one hospital admission therefore data do

	not snow if pallative care patients had multiple
	admissions.
	 if the patient was admitted more than once in the
	month then it is only counted once in the
	numerator
	Denominator
	The number of pollicitive care patients**
	Exclusions:
	 Patients that were in the hospital for the full
	duration of their last 30 days of life.
	Note:
	- ** See the denominator methodology details in the
	nalliative care natient population technical template
	- Palliative care patient population technical template
	20 days of life in bospital but were transforred to a
	so days of the fit hospital but were transferred to a
	new nospital at some point in the last 50 days of the
	were also excluded from the analysis as the
	transfer that occurred was not counted as an
	additional hospital admission.
	Methods
	Numerator/Denominator*100
	Adjustment (risk, including age/sex standardization)
	N/A
Data source / data	Discharge Abstract Database (DAD) and Registered
elements	Persons Data Base (RPDB) provided by the Institute
	for Clinical Evaluative Sciences
	Note:
	- This applies to the numerator; see data sources for
	constructing the palliative care patient population
	(denominator) in the palliative care patient
	population technical template
Levels of	Provincial, I HIN, age groups sex urban/rural setting
comparability/stratification	neighbourhood income quintiles
descriptions	
l imitations / Caveate	- No benchmark/target not all bospital admissions
	near and of life are avoidable
	Missing the information on aligical datails, backth
	- ivitsony the information on childed details, health
	the hearital admission
	the nospital admission
	- A minority of palliative care patients may need
	hospitalization for symptom relief, and may need
	support from a Palliative Care Unit (PCU). As there

be admitted into one of these hads for the	are very few PCU beds in Ontario, few people can
	be admitted into one of these beds for the
necessary palliative care.	necessary palliative care.

1. Brazil K, Howell D, Bedard M, Krueger P, Heidebrecht C. Preferences for place of care and place of death among informal caregivers of the terminally ill. Palliat Medicine. 2005 Sep 1;19(6):492-499.

2. Fowler R, Hammer M. End-of-life care in Canada. Clin Invest Med. 2013 Jun 1;36(3):127-132.

TIME SPENT IN HOSPITAL I	N THE LAST 30 DAYS OF LIFE
Description	 This indicator measures the length of stay in hospital among palliative care patients in the last 30 days of life, reported as: 1. Median number of days spent in the hospital 2. Number of palliative care patients who spent time in hospital: 0 days, 1-4 days, 5-14 days, and more than 15 days
Relevance/Rationale	Hospital length of stay (LOS) is used in assessment of quality of care, costs and efficiency. According to an Ontario study, almost three-quarters (72%) of end-of- life health care costs were for acute care services excluding ICU stays.[1] Therefore, for this population, hospital LOS also shows the duration and provision of palliative care in a hospital setting.
HQO reporting tool	Palliative Care at the End of Life Theme Report
Reporting tools external to HQO	None
Unit of analysis	 Days People
Calculation	 Numerator For the last 30 days of life: Median number of days spent in the hospital per palliative care patient The number of palliative care patients who spent time in hospital categorized as: 0 days, 1-4 days, 5-14 days, and more than 15 days
	Denominator
	 The number palliative care patients** Note: ** See the denominator methodology details in the palliative care patient population technical template
	 Methods Calculate median Calculate the number of palliative care patients in each category
	Adjustment (risk, including age/sex standardization)

	N/A
Data source / data elements	Discharge Abstract Database (DAD) provided by the Institute for Clinical Evaluative Sciences
	 Note: This applies to the numerator; see data sources for constructing the palliative care patient population (denominator) in the palliative care patient population technical template
Levels of	Provincial, LHIN, age groups, sex, urban/rural setting,
comparability/stratification descriptions	neighbourhood income quintiles
Limitations / Caveats	 There are no benchmarks or targets on the acceptable rate (extent of palliative care need in the hospital) for this patient population. Missing the information on clinical details, health care needs and appropriateness of the hospital stay.
1. Hodgson C. Cost-effectiveness	of palliative care: A review of the literature. Prepared for Canadian

 Hodgson C. Cost-effectiveness of palliative care: A review of the literature. Prepared for Canadian Hospice Palliative Care Association. Ottawa (ON). [Date unknown]. Available from: <u>http://hpcintegration.ca/media/24434/TWF-Economics-report-Final.pdf</u>

LOCATION OF DEATH	
Description	 This indicator measures the palliative care patients deaths: Hospital (inpatient, ED, CCC and rehab) Long-term care Community (home, residential hospices, retirement homes and assisted living homes)
Relevance/Rationale	Most caregivers reported that they and the care recipient had a preferred place of death (77% and 68%, respectively) with over 63% reporting home as the preferred place of death.[1] However, most deaths happen in the hospital.[2] Based on the Health Quality Ontario's Evidence-Based Analysis, the appropriate place of death may depend on the needs of each patient. There are several factors that may affect the place of death such as: multidisciplinary end-of-life care in the home or nursing home, type of underlying disease, functional status, and hospitalizations during the end-of-life period, living arrangements and the presence of an informal caregiver, caregiver coping, patient and family preference for place of death as well as existence of advance directives, nursing home bed availability, and the availability of an inpatient medical unit in the nursing home.[3]

HQO reporting tool	Palliative Care at the End of Life Theme Report
Reporting tools external to HQO	Statistics Canada reports hospital deaths (CANSIM table 102-0509) in the total population
Unit of analysis	Percentage
Calculation	 Numerator The number of people who died in each of the following settings: Hospital (inpatient, ED, CCC and rehab) Long-term care Community (home, residential hospices, retirement homes and assisted living homes)
	 Inclusions: Hospital deaths are identified by the following codes: Inpatient: DAD – SDS dischdisp = 07 ED: NACRS – Visit disposition = 10 or 11 CCC: CCRS discharge_to_facility_type = 11 Rehab: NRS dreason=8
	LTC - CCRS-LTC discharge_to_facility_type = 11
	 Community All other deaths not included in one of the above categories
	 Note: If there are multiple death records with different death date in each of the above administrative database, the last (i.e. most recent) death record for each unique health card number was selected. If one health card number appears in multiple care settings, the following hierarchy based on the care intensity were used to assign death setting: acute care, Emergency, CCC, Rehabilitation facilities, LTC homes. There should only be one record per health card number. If there are multiple death records with different death date in each of the database, the last death record for each unique health card number was selected.
	Denominator The number of palliative care patients**

	 Note: ** See the denominator methodology details in the palliative care patient population technical template Methods Numerator/Denominator*100 Adjustment (risk, including age/sex standardization) N/A
Data source / data elements	 Discharge Abstract Database (DAD), Home Care Database (HCD), Ontario Health Insurance Plan Claims Database (OHIP), National Ambulatory Care Reporting System (NACRS), National Rehabilitation Reporting System (NRS), and Registered Persons Database (RPDB) provided by the Institute for Clinical Evaluative Sciences Note: This applies to the numerator; see data sources for constructing the palliative care patient population (denominator) in the palliative care patient population technical template
Levels of comparability/stratification descriptions	Provincial, LHIN, age groups, sex, urban/rural setting, neighbourhood income quintiles
Limitations / Caveats	 The data show the location of the death, but not the location where care was received before death (i.e. the death may have occurred in the ED but in general the care may have been provided in LTC). No information of the preferred place of death is provided.

1. Brazil K, Howell D, Bedard M, Krueger P, Heidebrecht C. Preferences for place of care and place of death among informal caregivers of the terminally ill. Palliat Medicine. 2005 Sep 1;19(6):492-499.

2. Jayaraman J, Joseph KS. Determinants of place of death: a population-based retrospective cohort study. BMC Palliat Care. 2013 May 1;12(1):1.

3. Health Quality Ontario. Team-based models for end-of-life care: an evidence-based analysis. Ont Health Technol Assess Ser [Internet]. 2014 December;14(20):1–49. Available from: http://www.hqontario.ca/evidence/publicationsand-ohtac-recommendations/ontario-health-technology-assessment-series/eol-team-based-models

PERCENTAGE OF OLDER ADULTS WHO REPORT HAVING A DISCUSSION WITH FAMILY, A CLOSE FRIEND, OR WITH A HEALTH CARE PROFESSIONAL ABOUT WHAT HEALTH CARE TREATMENT THEY WANT, OR DO NOT WANT IN THE EVENT THEY BECOME VERY ILL OR INJURED AND CANNOT SPEAK FOR THEMSELVES

Description	This indicator measures the percentage older adults
	who reported having a discussion with family, a close
	friend, or with a health care professional about what
	health care treatment they want, or do not want in the

	event they become very ill or injured and cannot speak	
	for themselves.	
	A higher percentage is better.	
Relevance/Rationale	Having difficult conversations about end of life should be happening earlier, while people are still in good health and able to express their wishes to their loved ones or their health care providers. Having these decisions documented in a will or in a patient health record is also important. By encouraging and normalizing these conversations, it can be ensured that the patients' wishes could be respected and that they can receive the care that they want when the end of life stage approaches.	
HQO reporting tool	Palliative Care at the End of Life Theme Report	
Reporting tools external to HQO	Canadian Institute for Health Information Chartbook. How Canada Compares: Results From The Commonwealth Fund 2014 International Health Policy Survey of Older Adults.	
Unit of analysis	Percentage	
Calculation	Numerator Number of respondents who reported having a discussion with family, a close friend, or with a health care professional about what health care treatment they want, or do not want in the event they become very ill or injured and cannot speak for themselves	
	Survey question In the event you become very ill or injured and you cannot make decisions for yourself, have you had a discussion with family, a close friend, or with a health care professional about what healthcare treatment you WANT, or DO NOT WANT? - Yes - No	
	Denominator All respondents	
	• Those that skipped the question	
	Methods	
	Numerator/Denominator*100	
	Adjustment (risk, including age/sex standardization) None	

Data source / data elements	Commonwealth Fund International Survey of Older Adults 2014	
Levels of comparability/stratification descriptions	International and provincial	
Limitations / Caveats	 Data are available once every three years Does not capture the content and quality of the conversation This is not specifically for population approaching end of life, but older adults (55 and older) in general This discussion may not be consistently documented and some patients may not be ready to have these kinds of discussions. 	

PERCENTAGE OF PRIMARY OCCASIONALLY HAVE CON ABOUT THE HEALTH CARE THE EVENT THEY BECOME DECISIONS FOR THEMSELY	CARE DOCTORS THAT ROUTINELY OR NVERSATIONS WITH OLDER OR SICKER PATIENTS TREATMENT THEY WANT OR DO NOT WANT IN VERY ILL, INJURED, OR CANNOT MAKE VES
Description	This indicator measures the percentage of primary care doctors that routinely or occasionally have conversations with older or sicker patients about the health care treatment they want or do not want in the event they become very ill, injured, or cannot make decisions for themselves A higher percentage is better.
Relevance/Rationale	Having difficult conversations about end of life should be happening earlier, while people are still in good health and able to express their wishes to their loved ones or their health care providers. Having these decisions documented in a will or in a patient health record is also important. By encouraging and normalizing these conversations, it can be ensured that the patients' wishes could be respected and that they can receive the care that they want when the end of life stage approaches.
HQO reporting tool	Palliative Care at the End of Life Theme Report
Reporting tools external to HQO	None
Unit of analysis	Percentage
Calculation	Numerator

	The number of primary care doctors who reported routinely or occasionally having conversations with older or sicker patients about the health care treatment they want or do not want in the event they become very ill, injured, or cannot make decisions for themselves Survey question Do you have conversations with older or sicker patients about the health care treatment they want or do not want in the event they become very ill, injured, or cannot make decisions for themselves? Would you say routinely, occasionally or no? - Yes, routinely - No Denominator All respondents Exclusions :	
	- Those that skipped the question	
	Methods	
	Numerator/Denominator*100	
	Adjustment (risk, including age/sex standardization)	
	None	
Data source / data	Commonwealth Fund International Survey of Primary	
elements	Care Doctors 2015	
Levels of	International and provincial	
comparability/stratification		
descriptions		
Limitations / Caveats	 Data are available once every three years Does not capture the content and quality of the conversation This is not specifically for population approaching end of life Definition of an older or sicker patient may vary across primary care doctors This discussion may not be happening as patients may not be ready to have these kinds of discussions 	

PERCENTAGE OF PRIMARY CARE DOCTORS WHO ROUTINELY OR OCCASIONALLY DOCUMENT THEIR PATIENTS' PREFERENCES IN THEIR MEDICAL RECORDS AFTER HAVING CONVERSATIONS (ROUTINELY OR OCCASIONALLY) WITH THEIR OLDER OR SICKER PATIENTS ABOUT THE HEALTH CARE TREATMENT THEY WANT OR DO NOT WANT IN THE EVENT THEY BECOME VERY ILL, INJURED, OR CANNOT MAKE DECISIONS FOR THEMSELVES

Description	This indicator measures the percentage of primary care doctors who routinely or occasionally document their patients' preferences in their medical records after having conversations (routinely or occasionally) with their older or sicker patients about the health care treatment they want or do not want in the event they become very ill, injured, or cannot make decisions for themselves A higher percentage is better.	
Relevance/Rationale	Having difficult conversations about end of life should be happening earlier, while people are still in good health and able to express their wishes to their loved ones or their health care providers. Having these decisions documented in a will or in a patient health record is also important. By encouraging and normalizing these conversations, it can be ensured that the patients' wishes could be respected and that they can receive the care that they want when the end of life stage approaches.	
HQO reporting tool	Palliative Care at the End of Life Theme Report	
Reporting tools external to HQO	None	
Unit of analysis	Percentage	
Calculation	Numerator The number of primary care doctors who reported routinely or occasionally documenting their patients'	
	preferences in their medical records	
	Survey question	
	You mentioned that you routinely/occasionally have	
	conversations with older or sicker patients about their	
	injured or cannot make decisions for themselves. Are your patients' preferences then recorded in their medical record? Would you say routinely, occasionally or no?	

	- Yes, routinely	
	- Yes, occasionally	
	- No	
	Denominator	
	All respondents who reported routinely or occasionally	
	having conversations with older or sicker patients	
	about the health care treatment they want or do not	
	want in the event they become very ill, injured, or	
	cannot make decisions for themselves.	
	Survey question	
	(Do you have conversations with older or sicker	
	patients about the health care treatment they want or	
	do not want in the event they become very ill, injured,	
	or cannot make decisions for themselves? Would you	
	say routinely, occasionally or no?"	
	- Yes, routinely	
	- Yes, occasionally	
	- No	
	Numerator/Denominator*100	
	Adjustment (risk including age/sex standardization)	
	None	
Data source / data	Commonwealth Fund International Survey of Primary	
elements	Care Doctors 2015	
Levels of	International and provincial	
comparability/stratification		
descriptions		
Limitations / Caveats	- Data are available once every three years	
	- Does not capture the content and quality of the	
	This is not specifically for population	
	- This is not specifically for population	
	- Definition of an older or sicker natient may vary	
	across primary care doctors (the survey	
	auestion does not specify it in the instrument)	
	- This discussion may not be happening as	
	patients may not be ready to have these kinds	
	of discussions	

6. CaregiverVoice Survey Questions

Percentage of caregivers who stated that, in the last 3 months of life, services the patient received at home worked well together	 When he/she was at home in the last 3 months of life, did all these services work well together? Yes, definitely Yes, to some extent He/she did not receive any care 	All survey respondents who spent time at home during the last 3 months of life
	 No, they did not work well together Don't know 	
Percentage of caregivers who thought they and their family got as much help and support from health and supportive services as they wanted when the patient was at home in the last 3 months of his or her life	Overall, do you feel that you and your family got as much help and support from health and supportive services as you needed when caring for him/her? - Yes, we got as much support as we wanted - Yes, we got some support but not as much as we wanted - No, but we did not ask for more help - No, although we tried to get more help - We did not need help	All survey respondents who spent time at home during the last 3 months of life
Percentage of caregivers who stated the patient	Did you feel that he/she experienced smooth transitions between settings	All survey respondents
they cared for experienced smooth	of care during the last 3 months of life?	
transitions between	- Yes, definitely	
settings of care in their last 3 months of life	- Yes, to some extent - No not at all	
	- Don't know	
Percentage of caregivers who rated overall care of the patient they cared for in their last 3 months of life as outstanding or excellent	Overall, and taking all services into account, how would you rate his/her care in the last 3 months of life? - Outstanding - Excellent - Good - Fair - Poor - Don't know	All survey respondents
Percentage of caregivers who rated pain management for the patient they cared for in	During the last week of life, what is your assessment of the overall level of support given in the following areas for him/her? Relief of physical pain.	All survey respondents

their last week of life as	- Excellent	
excellent	- Good	
	- Fair	
	- Poor	
	 Does not apply 	
	- Don't know	
Percentage of caregivers	During the last week of life, what is	All survey
who rated emotional	your assessment of the overall level	respondents
support in their last week	of support given in the following areas	
of life as excellent	for nim/ner?	
	- Excellent	
	- Good Foir	
	- Fall Boor	
	- FOUL Doos not apply	
	- Does not apply	
Percentage of caregivers	Did be/she ever say where be/she	
who knew where the	would like to die?	respondents
patient wanted to die		
	- No	
	- Not sure	
Percentage of caregivers	Did the health care providers have a	All survey
who knew where the	record of this?	respondents who
patient wanted to die that	- Yes	knew where the
reported having this	- No	patient wanted to
information recorded by a	- Not sure	die
health care provider		
Percentage of caregivers	Did your healthcare providers help	All survey
who thought the	you, the caregiver, understand what	respondents
healthcare providers	to expect/how to prepare for his/her	
helped him/her	death?	
understand what to	- Yes, definitely	
expect and how to	- Yes, to some extent	
prepare for the patient's	- NO	
death	- Don't know	
Percentage of caregivers	Did this discussion come:	All Survey
who thought the	- Too early	respondents that
nationt they cared for and	- 100 late	thoir family
the healthcare providers	- At the fight time - Don't know	member/friand
regarding advance care		was given the
nlanning came at the		opportunity to
right time		discuss advance
		care nlanning
		with his/her
		with his/her

	health care
	providers