**Patient/Family Advisors Orientation**

*“Sharing My Story: Worksheet”*

**Background**

Sharing stories is an important way for us to tell others a little bit more about ourselves and provides listeners with the opportunity to learn about and from us and our experiences. Each person has a story to tell that is uniquely theirs; by listening carefully to these, we can gather insights about each other and better understand where we have come from and where we would like to go.

**Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Please check the box that best describes your current/previous experience in the cancer system**

* Person with cancer/survivor
* Family/friend/caregiver

**A: Understanding your story:**

**Q1: What is the primary type of cancer for which you (or your family member/friend) are receiving/received cancer treatment/care?**

**Q2: Can you tell me about your experience with cancer or connection to the disease?**

**Q3: How was your cancer detected?**

**Q4: What feelings did you experience with your diagnosis? How did you cope with the news?**

**Q5: How did your family or friends react?**

**Q6: Are there any other aspects of your experience that you would like to share?**

**B: Understanding your perspective:**

**Q7: What is the ONE most important aspect about your experience that you would want others to know?**

**Q8: What were some of your negative and positive experiences in the cancer system? What could have been improved? Consider providing 1-2 examples.**

**Q9: Below is CCO’s cancer care continuum. We encourage you to use this visual as a guide to help you begin to shape the areas of quality improvement or system change that you wish to see based on your experience.**

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**Considering this map coupled with your personal experience in the system, describe which aspect (1-2 areas) of the journey that you would like to see improvements in.**

**C: Understanding your motivation:**

**Q9: Based on your experience, what motivates you to be involved in system change as a Patient and Family Advisor?**

**Q10: What do you hope to achieve in your role as a Patient and Family Advisor?**