

# Vasodilators for Inhospital Heart Failure Management: A Rapid Review

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## Rapid Review Methodology

Clinical questions are developed by the Division of Evidence Development and Standards at Health Quality Ontario in consultation with experts, end-users, and/or applicants in the topic area. A systematic literature search is then conducted to identify relevant systematic reviews, health technology assessments, and meta-analyses; if none are located, the search is expanded to include randomized controlled trials (RCTs), and guidelines. Systematic reviews are evaluated using a rating scale developed for this purpose. If the systematic review has evaluated the included primary studies using the GRADE Working Group criteria (<http://www.gradeworkinggroup.org/index.htm>), the results are reported and the rapid review process is complete. If the systematic review has not evaluated the primary studies using GRADE, the primary studies included in the systematic review are retrieved and a maximum of two outcomes are graded. If no well-conducted systematic reviews are available, RCTs and/or guidelines are evaluated. Because rapid reviews are completed in very short timeframes, other publication types are not included. All rapid reviews are developed and finalized in consultation with experts.

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# List of Abbreviations

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<b>AMSTAR</b>	Assessment of Multiple Systematic Reviews
<b>CI</b>	Confidence interval(s)
<b>CV</b>	Cardiovascular
<b>HF</b>	Heart failure
<b>HQO</b>	Health Quality Ontario
<b>RCT</b>	Randomized controlled trial
<b>RR</b>	Relative risk

# Background

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As legislated in Ontario's *Excellent Care for All Act*, Health Quality Ontario's mandate includes the provision of objective, evidence-informed advice about health care funding mechanisms, incentives, and opportunities to improve quality and efficiency in the health care system. As part of its Quality-Based Funding (QBF) initiative, Health Quality Ontario works with multidisciplinary expert panels (composed of leading clinicians, scientists, and administrators) to develop evidence-based practice recommendations and define episodes of care for selected disease areas or procedures. Health Quality Ontario's recommendations are intended to inform the Ministry of Health and Long-Term Care's Health System Funding Strategy.

For more information on Health Quality Ontario's Quality-Based Funding initiative, visit [www.hqontario.ca](http://www.hqontario.ca).

## Objective of Analysis

The objective of this analysis was to determine the risk of adverse events associated with vasodilators used for in-hospital management of heart failure. In particular, what is the effect on renal function and risk of mortality for patients administered intravenous nitroglycerin or nesiritide in hospital?

## Clinical Need and Target Population

### Symptomatic Decompensation of Heart Failure

Heart failure (HF) patients who are hospitalized for an acute decompensation may present with symptoms such as volume overload, pulmonary congestion, and dyspnoea. (1) Vasodilators, including nitroglycerin and nesiritide, may be administered to address volume overload in HF. (2)

## Technique

Intravenous vasodilators as adjunctive therapy facilitate a number of beneficial hemodynamic effects, including: a reduction in pulmonary capillary wedge pressure, reduced myocardial oxygen consumption, a decrease in both systemic vascular resistance and ventricular workload, an increase in stroke volume, and improved cardiac output overall. (3) Surrogate endpoints have been the focus of studies to date, (4) assuming or lacking power to detect clinically relevant outcomes resulting from such physiological effects. (5;6) Pooled data from small clinical trials have raised specific concerns, such as deleterious effects on renal function and increased risk of mortality. (7;8)

Nitroglycerin is administered to facilitate prompt relief of pulmonary congestion. (9) As with other common pharmaceuticals for HF, despite the role of nitroglycerin as a cornerstone therapy there is a shortage of evidence, especially at the level of current regulatory and clinical standards for safety and efficacy. (10;11) Nesiritide is a newer vasodilator approved by the Federal Drug Administration in the United States in 2001 for relief of dyspnoea in acutely decompensated HF. (12) Nesiritide was subsequently granted conditional marketing authorization from Health Canada in 2008, pending verification of promising early findings with further data. (13)

# Rapid Review

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## Research Question

What is the effect of intravenous nitroglycerin or nesiritide on renal function and risk of mortality for heart failure inpatients?

## Research Methods

### Literature Search

A literature search was performed on November 1, 2012, using OVID MEDLINE, OVID MEDLINE In-Process and Other Non-Indexed Citations, OVID EMBASE, EBSCO Cumulative Index to Nursing & Allied Health Literature (CINAHL), the Wiley Cochrane Library, and the Centre for Reviews and Dissemination database, for studies published from January 1, 2011, until November 1, 2012. The date limit for this search was set to reduce the number of citations for feasibility within the rapid review timeline, and with consideration to a seminal randomized controlled trial (RCT) on nesiritide published in 2011. Abstracts were reviewed by a single reviewer and, for those studies meeting the eligibility criteria, full-text articles were obtained. Reference lists were also examined for any additional relevant studies not identified through the search.

### Inclusion Criteria

- English language full-text reports
- published between January 1, 2011 and November 1, 2012
- health technology assessments, systematic reviews, and meta-analyses, RCTs and guidelines
- studies of adult hospital inpatients with heart failure administered intravenous nitroglycerin or nesiritide compared to placebo

### Exclusion Criteria

- observational studies, case reports, editorials
- studies of vasodilators other than nitroglycerin or nesiritide and/or comparison therapies other than placebo

### Outcomes of Interest

- renal function
- mortality

### Expert Panel

In July 2012, an Expert Advisory Panel on Episode of Care for Congestive Heart Failure was struck. Members of the panel included physicians, personnel from the Ministry of Health and Long-Term Care, and representation from the cardiac care community.

The role of the Expert Advisory Panel on Congestive Heart Failure Episode of Care was to contextualize the evidence produced by HQO and provide advice on the components of a high-quality episode of care

for heart failure patients presenting to an acute care hospital. However, the statements, conclusions, and views expressed in this report do not necessarily represent the views of Advisory Panel members.

## Quality of Evidence

The Assessment of Multiple Systematic Reviews (AMSTAR) tool is used to assess the methodological quality of systematic reviews. (14)

The quality of the body of evidence for each outcome was examined according to the GRADE Working Group criteria. (15) The overall quality was determined to be very low, low, moderate, or high using a step-wise, structural methodology.

Study design was the first consideration; the starting assumption was that randomized controlled trials are high quality, whereas observational studies are low quality. Five additional factors—risk of bias, inconsistency, indirectness, imprecision, and publication bias—were then taken into account. Limitations in these areas resulted in downgrading the quality of evidence. Finally, 3 main factors that may raise the quality of evidence were considered: large magnitude of effect, dose response gradient, and accounting for all residual confounding factors. (15) For more detailed information, please refer to the latest series of GRADE articles. (15)

As stated by the GRADE Working Group, the final quality score can be interpreted using the following definitions:

<b>High</b>	Very confident that the true effect lies close to the estimate of the effect
<b>Moderate</b>	Moderately confident in the effect estimate—the true effect is likely to be close to the estimate of the effect, but there is a possibility that it is substantially different
<b>Low</b>	Confidence in the effect estimate is limited—the true effect may be substantially different from the estimate of the effect
<b>Very Low</b>	Very little confidence in the effect estimate—the true effect is likely to be substantially different from the estimate of effect

## Results of Literature Search

The database search yielded 708 citations published between January 1, 2011, and November 1, 2012 (with duplicates removed). Articles were excluded based on information in the title and abstract. The full texts of potentially relevant articles were obtained for further assessment.

No systematic reviews, meta-analyses, or health technology assessments were identified which met the predetermined inclusion criteria on either nitroglycerin or nesiritide. Thus, in accordance with the HQO Evidence Development and Standards Rapid Review Methodology, RCTs were taken as the next level of evidence.

There were no RCTs assessing the safety of nitroglycerin identified. One RCT comparing nesiritide with placebo met the inclusion criteria. (16) Two other RCTs were also identified. However, both were excluded as the comparator was nitroglycerin and, thus, did not meet the prespecified inclusion criteria. An overview of the RCT by O'Connor et al (16) is provided in Table 1.

**Table 1: Overview of Included RCT Assessing the Safety and Effectiveness of Nesiritide for the Treatment of Acute Decompensated Heart Failure (ASCEND-HF)**

Author, Year	Study Design (Methods)	Sample Size (Intervention/Control)	Intervention (Dose)	Outcomes (Through Day 30)
O'Connor et al, 2011 (16)	RCT (398 sites)	7141 (3496/3511)	Nesiritide or Placebo (2µg/kg bolus + infusion of 0.010 µg/kg/min for 24h – 7 days)	<p><u>Coprimary clinical outcomes:</u></p> <ul style="list-style-type: none"> <li>-self-reported dyspnoea at 6h and 24h</li> <li>-composite of death from any cause or rehospitalization for HF</li> </ul> <p><u>Secondary clinical outcomes:</u></p> <ul style="list-style-type: none"> <li>-self-reported well-being at 6h and 4h</li> <li>-rehospitalization for or death from CV causes</li> <li>-persistent/worsening HF or death from any cause</li> <li>-days alive and out of hospital</li> </ul> <p><u>Safety outcomes:</u></p> <ul style="list-style-type: none"> <li>-death from any cause</li> <li>-renal impairment</li> <li>-hypotension (symptomatic and asymptomatic)</li> </ul>

Abbreviations: CI, confidence intervals; CV, cardiovascular; h, hours; HF, heart failure; RCT, randomized controlled trial.

Source: O'Connor et al, 2011 (16)

The Acute Study of Clinical Effectiveness of Nesiritide in Decompensated Heart Failure (ASCEND-HF) trial (16) was purposefully designed to answer outstanding questions regarding effectiveness and safety. This international, multicentre, double-blind, randomized trial was conducted between May 2007 and August 2010. Adults presenting to the emergency department or admitted to hospital within 24 hours for acute decompensated heart failure were eligible for enrollment. Patients were randomized to receive an intravenous infusion of either nesiritide or matching placebo in addition to standard therapies as required (e.g., diuretics, morphine, and other vasoactive medications).

Patients were followed-up with for 30 days after randomization during which time several important clinical and safety outcomes were assessed (see Table 1). Among the important safety outcomes were death from any cause and renal impairment. Table 2 summarizes the relative risk of 30-day all-cause mortality and renal impairment for patients treated with nesiritide compared with placebo. No statistically significant differences in rates of death or renal impairment were found between groups. Within the 30-day period, 126 (3.6%) and 141 (4.0%) deaths occurred in the nesiritide and placebo groups, respectively. The occurrence of renal impairment events was 1032 (31.4%) among patients administered nesiritide and 968 (29.5%) among those who received placebo.

**Table 2: Effect of Nesiritide on Mortality and Renal Dysfunction Compared with Placebo**

Outcome	Definition	Events/Sample Size		Effect Estimate Risk Ratio <sup>a</sup> (95% CI)	P value
		Intervention	Control		
Mortality	Death from any cause within 30 days	126/3490	141/3499	0.90 (0.71–1.13)	0.36
Renal impairment	> 25% decrease in glomerular filtration rate from study-drug initiation through day 30 <sup>b</sup>	1032/3298	968/3278	1.06 (0.99–1.14)	0.10

Abbreviations: CI, confidence intervals.

<sup>a</sup>Mantel-Haenszel risk ratio.

<sup>b</sup>Calculated by simplified Modification of Diet in Renal Dysfunction equation.

**Source:** O'Connor et al, 2011 (16)

The ASCEND-HF was the largest RCT to date on nesiritide, and was powered adequately to address safety questions. However, it was a single study. The pragmatic trial design included a broad range of HF patients. This may increase the generalizability of the findings as HF is a highly heterogeneous syndrome due to variations in underlying pathophysiology. (12) The study was designed to ascertain rates of death or rehospitalization within 30 days based on predicted event rates in the groups of 11% to 14%. However, the true event rates were lower and, thus, the study did not reach its intended power of 89% for this outcome. (16) Prespecified subgroup analyses by geographical, sociodemographic, and clinical characteristics provide support for homogeneity of the findings across several potential subpopulations within HF. Given the lack of statistically significant findings despite the large sample size and stringently set statistical significance levels, this trial may be considered quite robust.

Detail on the assessment of the quality of this RCT can be found in the GRADE tables in Appendix 2.

# Conclusions

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No systematic reviews, meta-analyses, or health technology assessments on the safety and effectiveness of nitroglycerin or nesiritide were identified in the literature search. No RCTs were identified evaluating the safety of nitroglycerin.

One large multicentre RCT addressed these questions with regard to nesiritide. (16) No statistically significant increase in risk of mortality (GRADE: moderate) or renal dysfunction (GRADE: high) was found, compared to placebo.

# Acknowledgements

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# Appendices

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## Appendix 1: Literature Search Strategies

**Search date:** November 1, 2012

**Databases searched:** OVID MEDLINE, MEDLINE In-Process and Other Non-Indexed Citations, EMBASE; Cochrane Library; CRD

**Q:** Vasodilators for Heart Failure management

**Limits:** 2011-current; English

**Filters:** health technology assessments, systematic reviews, meta-analyses, randomized controlled trials and guidelines

Database: Ovid MEDLINE(R) <1946 to October Week 4 2012>, Ovid MEDLINE(R) In-Process & Other Non-Indexed Citations <October 31, 2012>, Embase <1980 to 2012 Week 43>

Search Strategy:

**Search Strategy:**

#	Searches	Results
1	exp Heart Failure/	328766
2	((cardia? or heart) adj (decompensation or failure or incompetence or insufficiency)) or cardiac stand still or ((coronary or myocardial) adj (failure or insufficiency)).ti,ab.	259357
3	or/1-2	418837
4	Vasodilator Agents/ use mesz	37031
5	Natriuretic Agents/ use mesz	851
6	Natriuretic Peptide, Brain/ use mesz	8484
7	Nitroglycerin/ use mesz	11369
8	Vasodilator Agent/ use emez	25558
9	Coronary Vasodilating Agent/ use emez	441
10	Nesiritide/ use emez	1227
11	Natriuretic Factor/ use emez	3528
12	Brain Natriuretic Peptide/ use emez	13952
13	Glyceryl Trinitrate/ use emez	31492
14	(vasodilator* or (vasodilat* adj agent*)).ti,ab.	65896
15	(nesiritide or natreacor or noratak).mp.	1795
16	nitroglycerin*.mp.	27006
17	or/4-16	176380
18	Meta Analysis.pt.	37256
19	Meta Analysis/ use emez	66797
20	Systematic Review/ use emez	54209
21	exp Technology Assessment, Biomedical/ use mesz	8883
22	Biomedical Technology Assessment/ use emez	11403
23	(meta analy* or metaanaly* or pooled analysis or (systematic* adj2 review*) or published studies or	294823

	published literature or medline or embase or data synthesis or data extraction or cochrane).ti,ab.	
24	((health technolog* or biomedical technolog*) adj2 assess*).ti,ab.	3795
25	exp Random Allocation/ use mesz	76290
26	exp Double-Blind Method/ use mesz	117930
27	exp Control Groups/ use mesz	1380
28	exp Placebos/ use mesz	31496
29	Randomized Controlled Trial/ use emez	331618
30	exp Randomization/ use emez	59833
31	exp Random Sample/ use emez	4276
32	Double Blind Procedure/ use emez	111601
33	exp Triple Blind Procedure/ use emez	35
34	exp Control Group/ use emez	38869
35	exp Placebo/ use emez	207241
36	(random* or RCT).ti,ab.	1390337
37	(placebo* or sham*).ti,ab.	449991
38	(control* adj2 clinical trial*).ti,ab.	38520
39	exp Practice Guideline/ use emez	279866
40	exp Professional Standard/ use emez	270060
41	exp Standard of Care/ use mesz	593
42	exp Guideline/ use mesz	23206
43	exp Guidelines as Topic/ use mesz	102801
44	(guideline* or guidance or consensus statement* or standard or standards).ti.	220135
45	(controlled clinical trial or meta analysis or randomized controlled trial).pt.	458049
46	or/18-45	2988938
47	3 and 17 and 46	6378
48	limit 47 to english language	5751
49	limit 48 to yr="2011 -Current"	792
50	remove duplicates from 49	700

**Cochrane Library**

Line #	Terms	Results
#1	MeSH descriptor: [Heart Failure] explode all trees	4873
#2	((cardia? or heart) next (decompensation or failure or incompetence or insufficiency)) or cardiac stand still or ((coronary or myocardial) next (failure or insufficiency)):ti,ab,kw (Word variations have been searched)	9337
#3	Enter terms for search #1 or #2	9342
#4	MeSH descriptor: [Vasodilator Agents] this term only	3211
#5	MeSH descriptor: [Natriuretic Agents] this term only	53
#6	MeSH descriptor: [Natriuretic Peptide, Brain] explode all trees	696
#7	MeSH descriptor: [Nitroglycerin] this term only	1619
#8	vasodilator* or (vasodilat* next agent*):ti,ab,kw or nesiritide or natreacor or noratak or nitroglycerin* (Word variations have been searched)	7134
#9	#4 or #5 or #6 or #7 or #8	7741
#10	#3 and #9 from 2011 to 2012	60

**CRD**

Line	Search	Hits
1	MeSH DESCRIPTOR Heart Failure EXPLODE ALL TREES IN DARE,HTA	345
2	((((cardia? OR heart) ADJ (decompensation OR failure OR incompetence OR insufficiency)) OR cardiac stand still OR ((coronary OR myocardial) ADJ (failure OR insufficiency)))):TI IN DARE, HTA FROM 2008 TO 2012	118
3	#1 OR #2	362
4	MeSH DESCRIPTOR Vasodilator Agents IN DARE,HTA	63
5	MeSH DESCRIPTOR Natriuretic Agents IN DARE,HTA	4
6	MeSH DESCRIPTOR Natriuretic Peptide, Brain EXPLODE ALL TREES IN DARE,HTA	59
7	MeSH DESCRIPTOR Nitroglycerin EXPLODE ALL TREES IN DARE,HTA	16
8	(vasodilator* OR (vasodilat* ADJ agent*)):TI OR (nesiritide OR natreacor OR noratak) OR (nitroglycerin*) IN DARE, HTA FROM 2008 TO 2012	31
9	#4 OR #5 OR #6 OR #7 OR #8	148
10	#3 AND #9	42
11	(#10) FROM 2011 TO 2012	6

## Appendix 2: GRADE Tables

Table A2-1: GRADE Evidence Profile for Comparison of Nesiritide and Placebo

No. of Studies (Design)	Risk of Bias	Inconsistency	Indirectness	Imprecision	Publication Bias	Upgrade Considerations	Quality
<b>Mortality (death from any cause within 30 days)</b>							
1 (RCT)	No serious limitations <sup>a</sup>	No serious limitations <sup>b</sup>	No serious limitations	Serious limitations (-1) <sup>c</sup>	Undetected <sup>d</sup>	None	⊕⊕⊕ Moderate
<b>Renal Impairment (≥ 25% decrease in glomerular filtration rate from study-drug initiation through day 30)</b>							
1 (RCT)	No serious limitations <sup>e</sup>	No serious limitations <sup>b</sup>	No serious limitations	No serious limitations	Undetected <sup>d</sup>	None	⊕⊕⊕⊕ High

Abbreviations: No., number; RCT, randomized controlled trial.

<sup>a</sup>Data management activities and analyses were conducted by a consortium of academic research organizations. Fatal events were reviewed and categorized by an independent, blinded committee.

<sup>b</sup>Two analysis plans were employed to satisfy regulatory needs of both Europe and the United States and the results from both analyses support the same conclusions.

<sup>c</sup>The optimal information size (OIS) criteria was met, however, event rates were much lower than predicted during a priori sample size calculation (11-14% predicted vs. 3.6-4% observed). The width of the confidence interval (CI) is relatively narrow, however, the lower limit of the CI indicates a potential 29% mortality benefit with nesiritide, which may be appreciable.

<sup>d</sup>Publication bias is nearly impossible to assess with a single study. Despite sponsorship by the pharmaceutical, the publication of such a large RCT with null results suggests that publication bias is unlikely.

<sup>e</sup>Presence or absence of renal impairment was calculated using a standardized formula (simplified Modification of Diet in Renal Dysfunction equation).

Table A2-2: Risk of Bias in the Randomized Controlled Trial Comparing Nesiritide and Placebo

Author, Year	Allocation Concealment	Blinding	Complete Accounting of Patients and Outcome Events	Selective Reporting Bias	Other Limitations
O'Connor et al, 2011 (16)	No limitations <sup>a</sup>	No limitations <sup>b</sup>	No limitations <sup>c</sup>	No limitations <sup>d</sup>	No limitations

<sup>a</sup>A centralized randomization procedure with a computer-generated randomization schedule was used to assign subject number and treatment code. Medication code numbers were preprinted on the study drug labels prior to distribution to sites.

<sup>b</sup>Study drug compounds appeared and were packaged identically with labels containing pertinent clinical information (e.g., directions for use) and identifying information (e.g., subject number) but not drug identity. Certain laboratory tests (e.g., serum BNP) were not permitted during the treatment phase to prevent breaking the blind of the clinician. Mortality was assessed by an independent, blinded clinical events committee, and renal impairment through a standardized formula based on laboratory test results (i.e., serum creatinine).

<sup>c</sup>98% of randomized patients were included in the analysis. Similar numbers withdrew consent from the treatment and placebo groups (16 and 14, respectively) and 4 were lost to follow-up in each group.

<sup>d</sup>Results for all prespecified outcomes were reported, including individual components of composite outcomes.

# References

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