

Rapid Access Clinics (RACs):

Providing Ontarians with Timely Access to High Quality Integrated Musculoskeletal (MSK) Care

With a focus on hip and knee arthritis and certain types of low back pain, Rapid Access Clinics (RACs) across Ontario are helping people quickly access care

Why does Ontario need to improve access to MSK care? 1 in 3 Adults are affected by arthritis or other musculoskeletal (MSK) conditions



Long wait times exist to access surgeons

of MRIs in the province are ordered for MSK conditions – the vast majority of these are not needed



Lack of timely access to treatment results in unnecessary opioid prescriptions

More than

Rapid Access Clinics are now accessible across **Ontario**, resulting in care that is:



Patients are seen at a RAC within four weeks and are provided with a plan for appropriate treatment and follow-up care.



Delivered appropriately and efficiently

Patients are assessed by a health care provider with specialized training in their condition. Surgeons receive referrals for patients appropriate for consultation so patients don't wait unnecessarily and surgeons' time is optimized.



Patients are involved in the development of their treatment plans, with personal preferences taken into account.

Rapid Access Clinics Provide the Right Treatment, Faster

RACs use a central intake model to streamline the referral process across the continuum of MSK care



Surgical consultation



Local community programs



Selfmanagement plan





The patient presents to their primary care provider, who makes a referral to central intake

Appointment

The patient will get an appointment in a RAC within four weeks. with their preferences for location taken into account

Assessment and Education

The patient receives an assessment and education from a specially trained and regulated health care professional



The RAC and primary care provider have an ongoing feedback loop to share information about the patient

Contact your primary care provider for more information.

The spread of Rapid Access Clinics for Musculoskeletal Care across Ontario was supported through ARTIC, a partnership between <u>Health Quality Ontario</u> and the <u>Council of Academic Hospitals of Ontario</u> that accelerates the spread of proven health care across Ontario.

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