Looking Back and Looking Forward

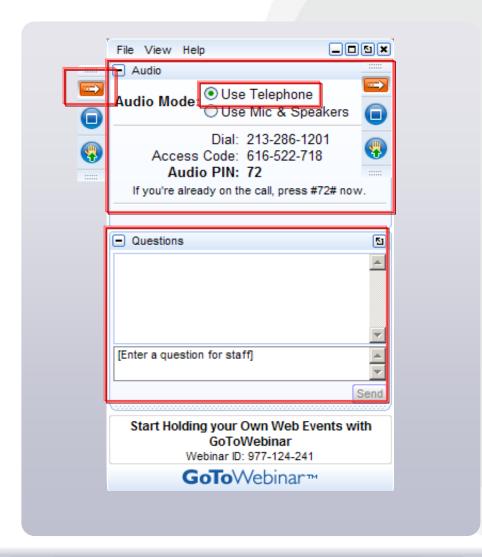
A sneak peek for the 2018/19 long-term care quality improvement plans (QIPs)

DANYAL MARTIN, LAURIE DUNN | OCTOBER 10 & 13, 2017

Health Quality Ontario

Let's make our health system healthier

How to participate today



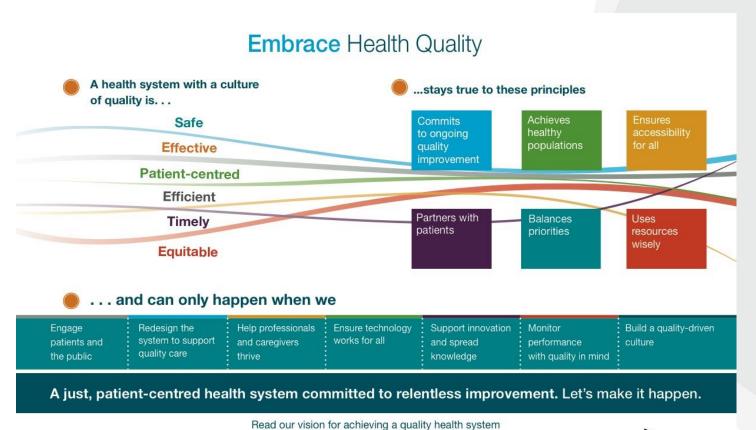
Polling question WHO IS ON THE CALL?

- Administrator, DOC, Senior Leadership
 Team
- Decision Support
- **LHIN**
- Quality Leads
- □ Residents or members of Resident/family councils

Learning Objectives

- Share learnings from the 2017/18 QIPs
- Prepare organizations for 2018/19 QIP submission by offering advance notice of changes
- Provide an overview of HQO resources to support organizations in meeting their goals and supporting change across the system

Quality Matters



Quality Matters: Realizing Excellent Care For All

Quality Matters: Realizing Excellent Care for All A Report by Health Quality Ontario's System Quality Advisory Committee

www.hgontario.ca



...Looking Back

Provincial Results

Provincial Observations: Looking Back

Home care



Progress in five-day wait time: personal support for complex patients (79%)

Worsening in hospital readmissions (77%)

Hospital



Progress in medication reconciliation on admission (60%)

Worsening in alternate level of care rate (54%)

Long-term care



Progress in appropriate prescribing of antipsychotics (76%)

Worsening in falls (54%)

Primary care



Progress in glycated hemoglobin (HbA1C) testing (71%)

Worsening patient experience: 'enough time' (41%)

Provincial Observations: Looking Forward



of organizations selected at least one priority indicator



of organizations are working on at least one of the effective transition indicators

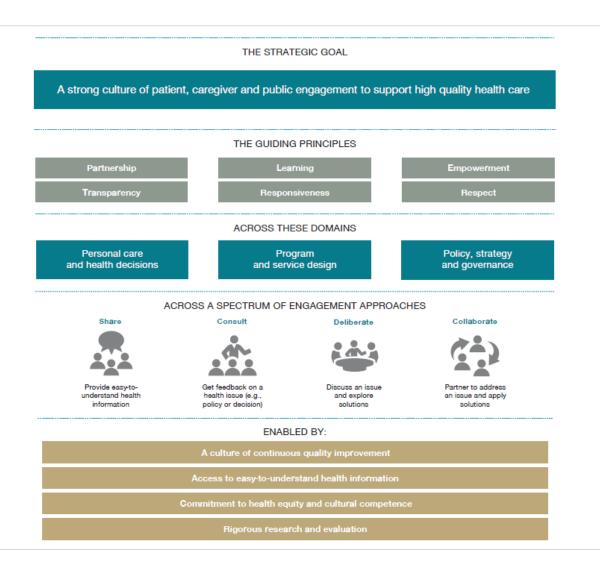
78%

of organizations are working on at least one patient experience indicator

1-5%

is the most common target range set for improvement

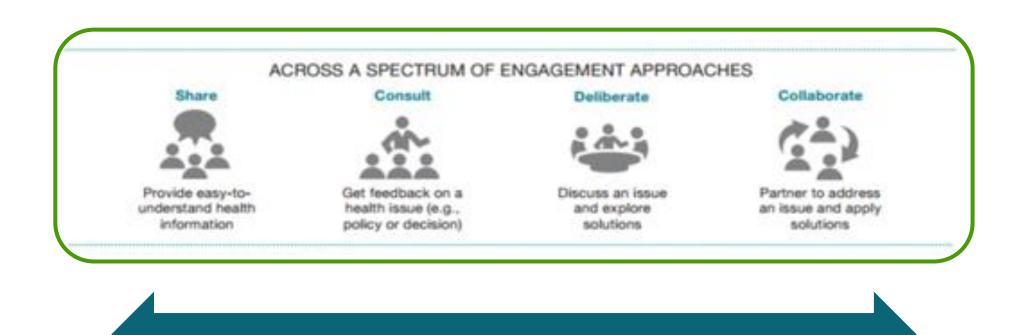
Patient Engagement: Spectrum of Approaches



The analysis of patient engagement approaches is structured by Health Quality Ontario's Patient Engagement Framework, which recommends that organizations use a spectrum of engagement approaches.

For brevity, the next few slides use the word "patient"; this includes patients, residents, clients, caregivers and family

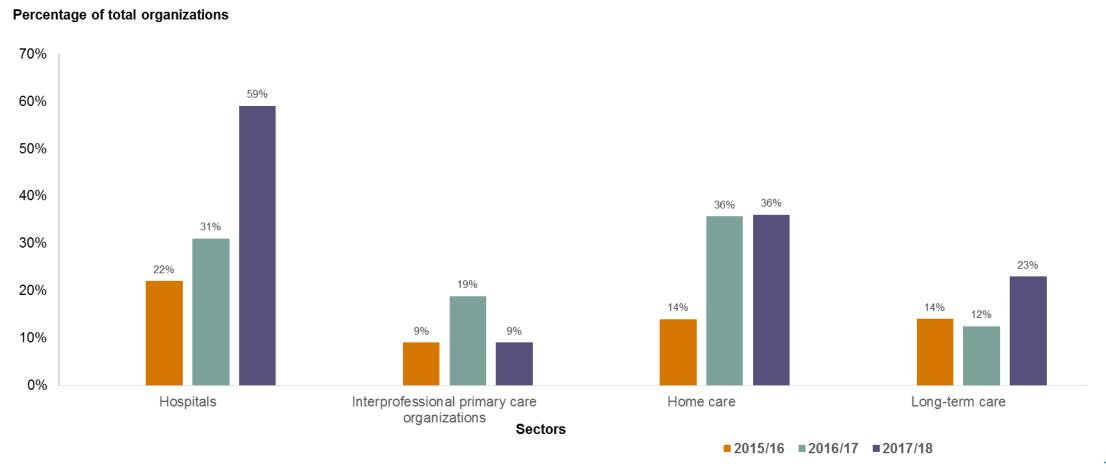
Patient Engagement: Spectrum of Approaches



Engagement is a continuum and organizations are encouraged to use a variety of methods to engage patients and their families. The approaches described to the right are more participatory. There will be overlap (e.g., councils may be deliberating or consulting).

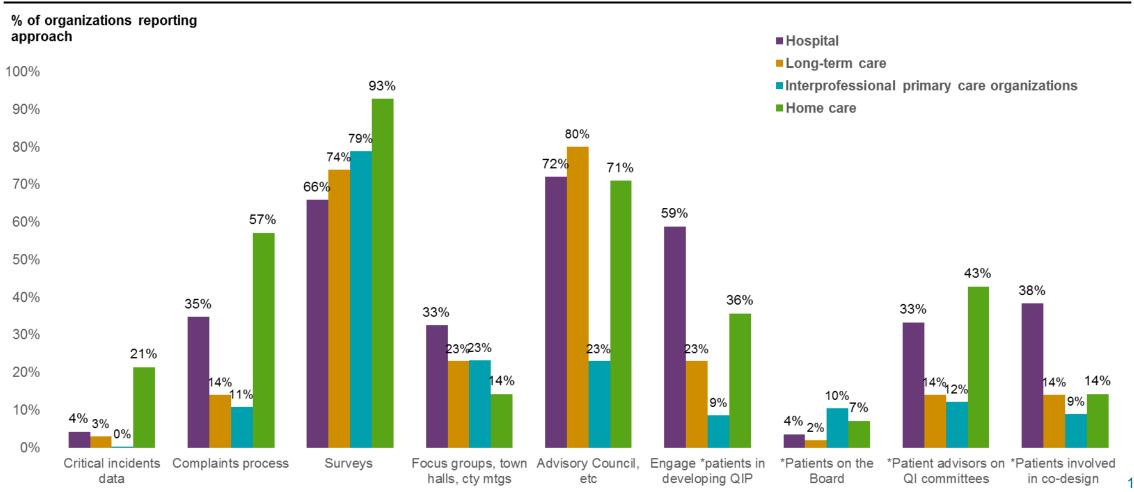
Focus on QIP Development

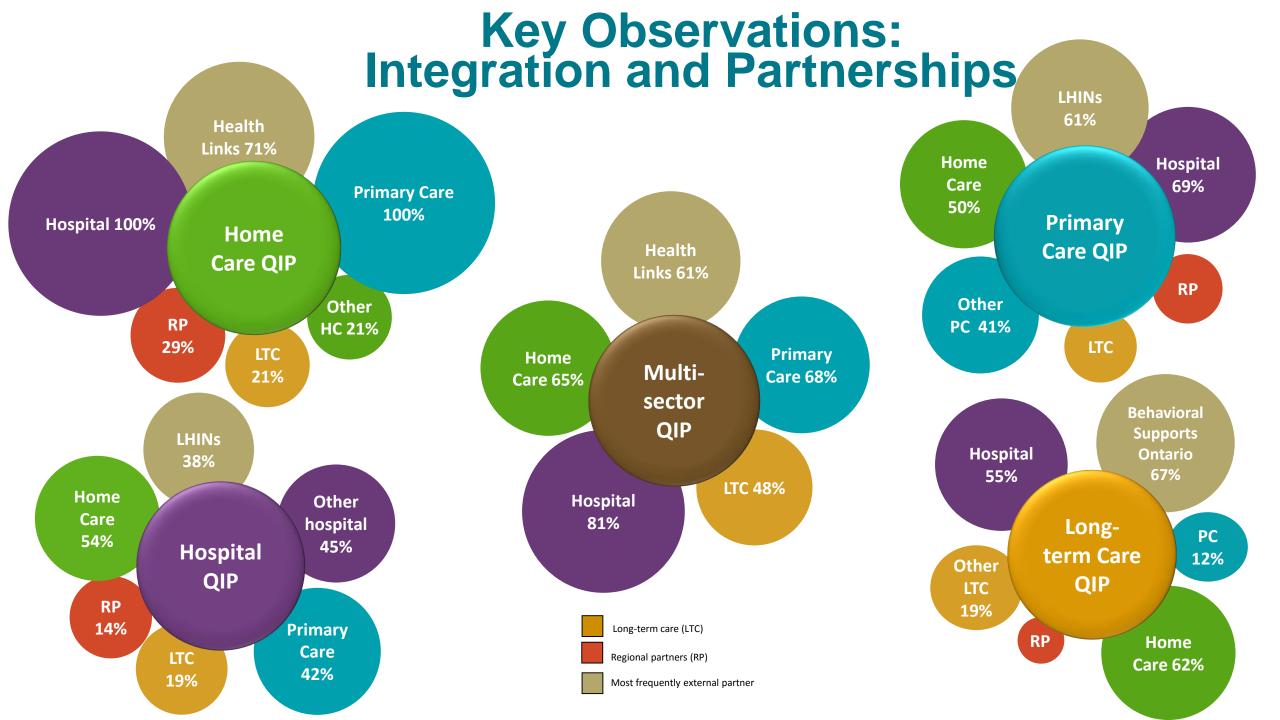
Comparing percentage of organizations reporting engaging patients, residents, and families in development of QIPs or quality initiatives over time



Key Observations: Patient Engagement

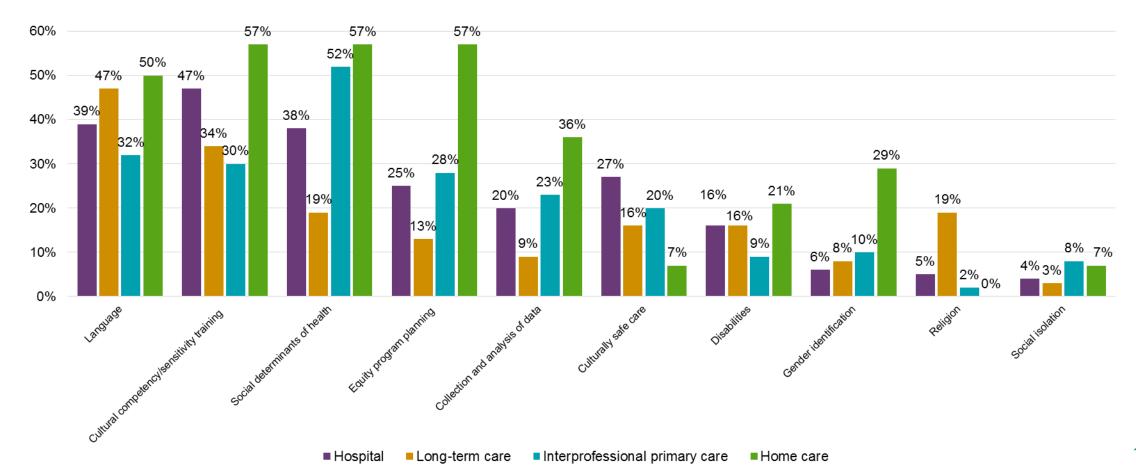
Overall view of spectrum of patient engagement approach in the 2017/18 QIP Narratives





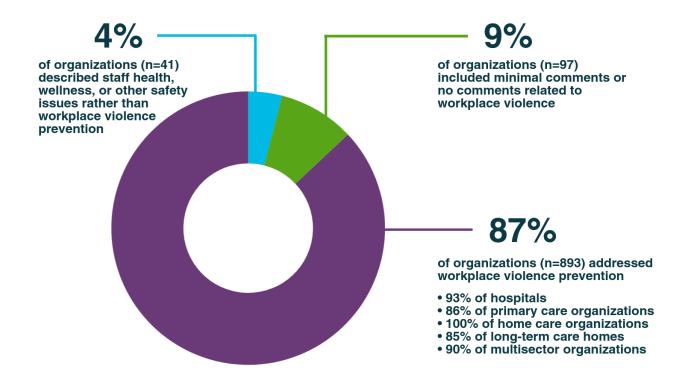
Key Observations: Equity Strategies

Percentage of organizations citing various equity strategies in their 2017/18 QIP Narratives



Of the 1031 QIPs submitted, how many addressed workplace violence prevention?

In the Staff Safety & Workplace Violence Prevention section of the QIP Narrative...



In the Workplan section of the QIP...

A total of

15

organizations submitted

17

indicators related to workplace violence

- 13 hospitals included a total of 15 indicators
- 2 long-term care homes included a total of two indicators

Exceptional achievement story Central East LHIN: St. Josephs at Fleming

- Who was the intended population(s)? Residents at the long term care home and staff who worked at the home
- What did St. Josephs at Fleming do? In 2016, the home completed the Resident Accessibility and Sensory Path.
- How did they do it? A joint effort with Fleming College and the Federal Government, the Home expanded its existing garden path to encircle the entire property. Situated on Fleming College campus.
- What changed? Residents are now able to safely enjoy 5 hectares of open space surrounded by gardens, ponds, trees and pedestrian paths. The Path was built to take advantage of the surrounding environment and highlight each feature through separate sensory stations around the property. A farm station, aquatic station, musical station, birdhouse station and floral station was created where residents and their families can interact or just get out and enjoy nature and the company of others.
- What was the outcome? In addition to providing 360 degrees of emergency access to the building, the Path is another piece of the Strategic Plan which promotes a meaningful lifestyle for residents and staff. The home is interested in the improvements in episodes of responsive behaviours with the addition of this resource.

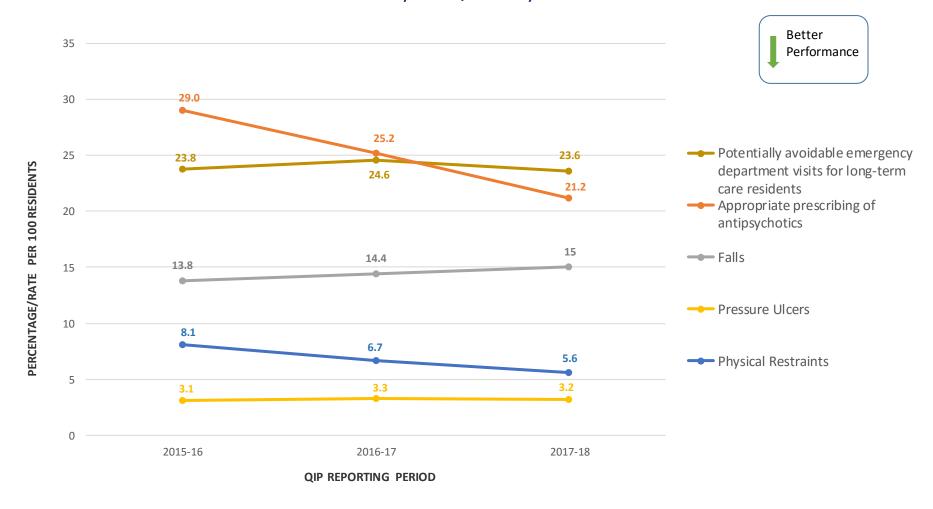
...Looking Back

Long-Term Care Results

Key Observations: Long Term Care

- Overall homes reported the most progress in 2017/18 for reduced antipsychotic prescribing and use of restraints
- Homes are making improvements in the area of transitions
 - While progress is slightly better in the number of ED visits over time
 - In 2017/18 20% more homes chose this indicator
 - There was an increase in partnerships with hospitals from 52% in 2016/17 to 55% in 2017/18.
- 65% of homes described initiatives addressing equity issues related to language, and 45% commented on using cultural competency training.
- Increasing numbers of retrograde targets are being set for the antipsychotic indicator compared to the previous year
 - 43 homes have set retrograde targets (all currently performing better than the provincial average)

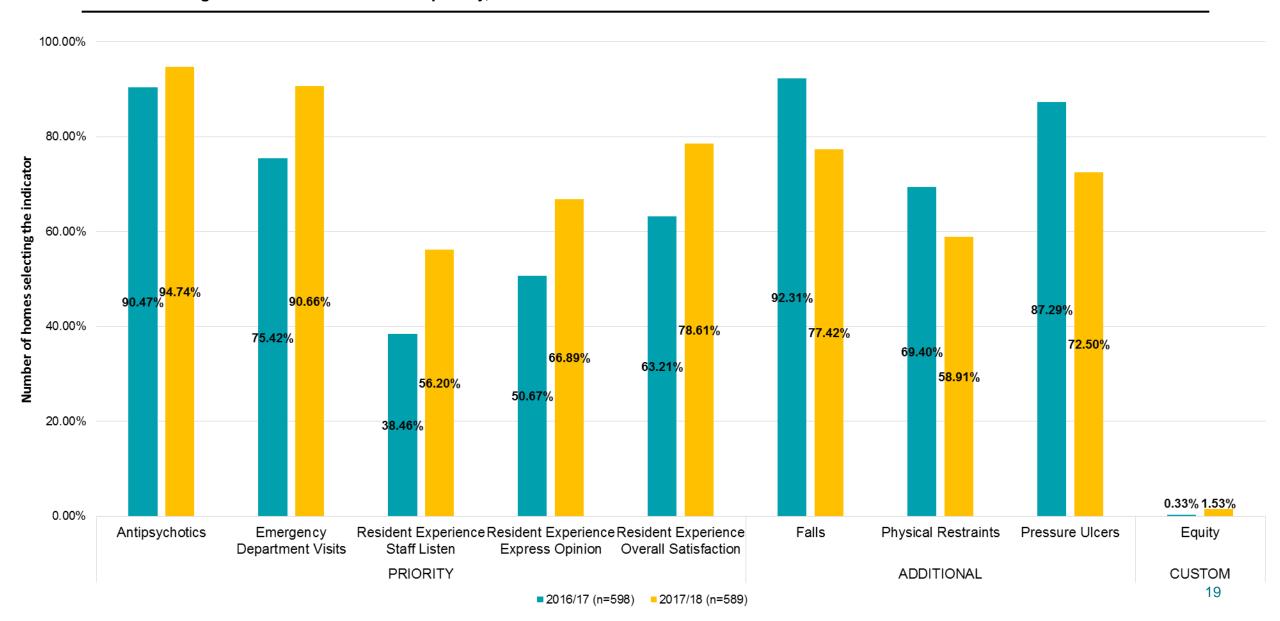
Ontario Provincial Average (Percentage) for Long-Term Care Priority and Additional Indicators, QIP 2015/16 - QIP 2017/18



All indicators are unadjusted unless specified otherwise. The direction of improvement is reduced performance. The QIP reporting period for Long Term Care Homes is from 2015/16, therefore three year data is available. There is a significant improvement observed in Antipsychotics and Physical Restraints indicators over three years. The number of residents experiencing Falls seem to be increased over three years across the province.

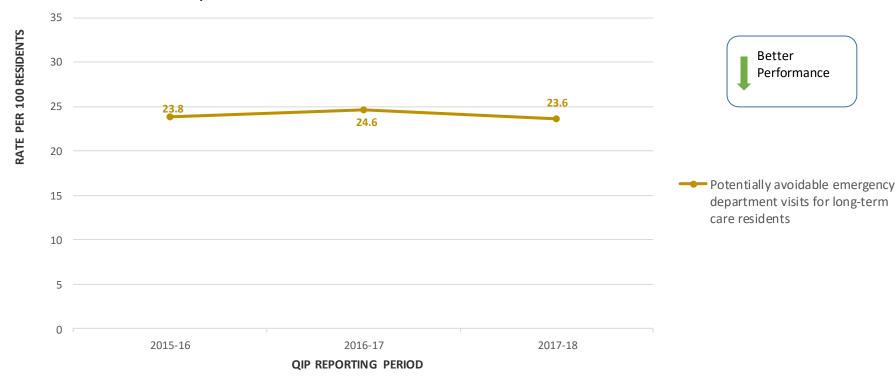
LTC QIP Indicator Selection (16/17 and 17/18)

Number of long term care homes that chose priority, additional and custom indicators in 2016/17 and 2017/18 QIPs



Progress Report: ED Visits

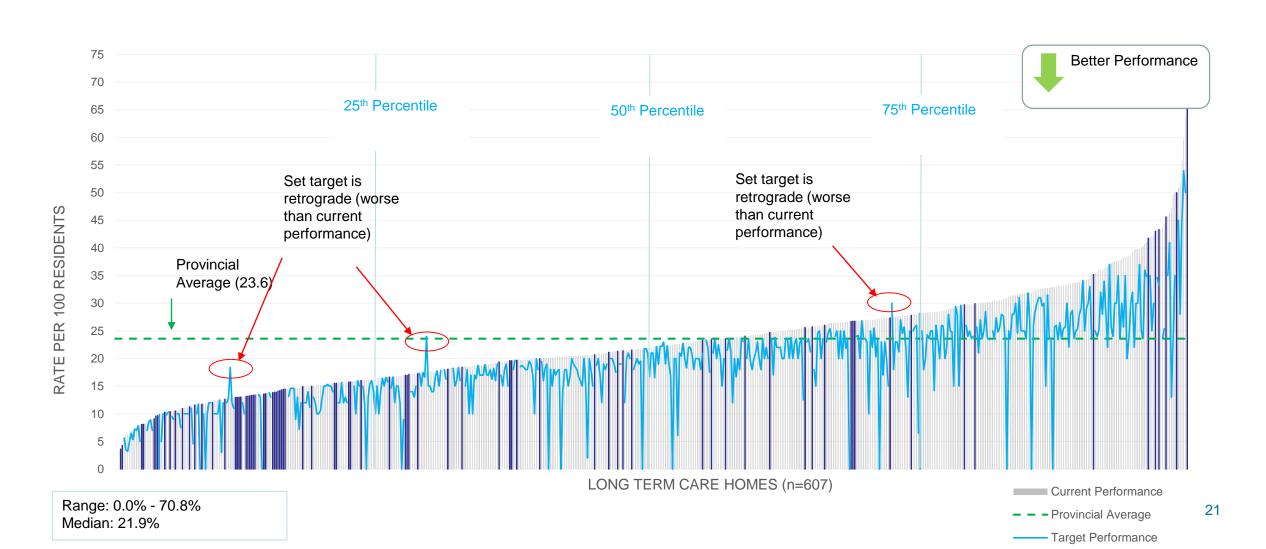
Ontario Provincial Average (Percentage) for Potentially Avoidable ED Visits for LTC Residents, QIP 2015/16 - QIP 2017/18



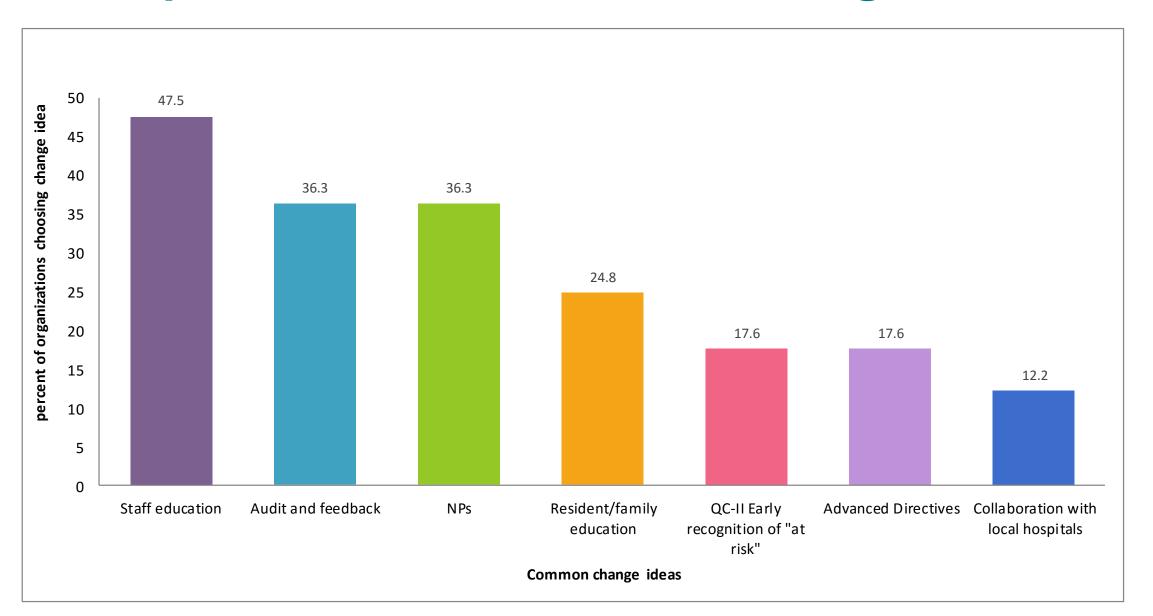
The direction of improvement is reduced performance. The QIP reporting period for Long Term Care Homes is from 2015/16, therefore three year data is available.

Workplan: ED Visits Current Performance and Target Setting

Percent of LTC residents who had potentially avoidable Emergency Department Visits in Ontario; QIP 2017/18



Workplan: ED Visits Common Change Ideas

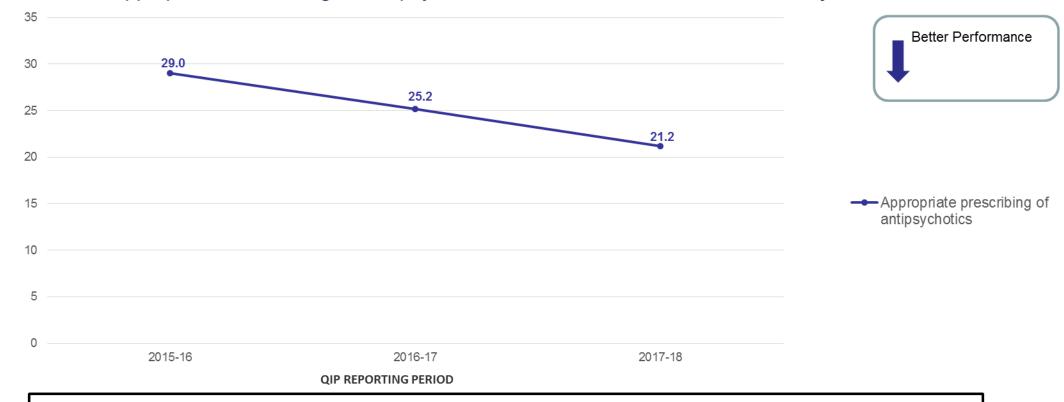


Spotlight on reducing avoidable ED visits; Elm Grove Living Centre

- Who was the intended population(s)? Residents with URI/LRI that may be sent to the ED
- What did the home do? Improved accuracy of clinical diagnosis and proper use of antibiotic.
- How did they do it?
 - Implementation of Pneumonia Algorithm that assisted registered staff and physician in early detection and appropriate treatment
 - Improved accuracy of clinical diagnosis and proper use of antibiotic.
- What changed? With a COPD rate at the home of 20%, almost 6% above the provincial average, Elm Grove will be participating in the pilot project spearheaded by COPDConnect, with the goal of better treating and managing residents with COPD. Residents with COPD are predisposed to lung infections.
 - One challenge faced was that expected NLOT utilization and involvement was not available.
- What were the outcomes?
 - Elm Grove was successful in reducing the number of ED transfers related to pneumonia and URI/LRI by 35% and 29% respectively.
 - This resulted in a 29% reduction in hospital transfers related to URI/ LRI.

Progress report: Antipsychotic Prescribing

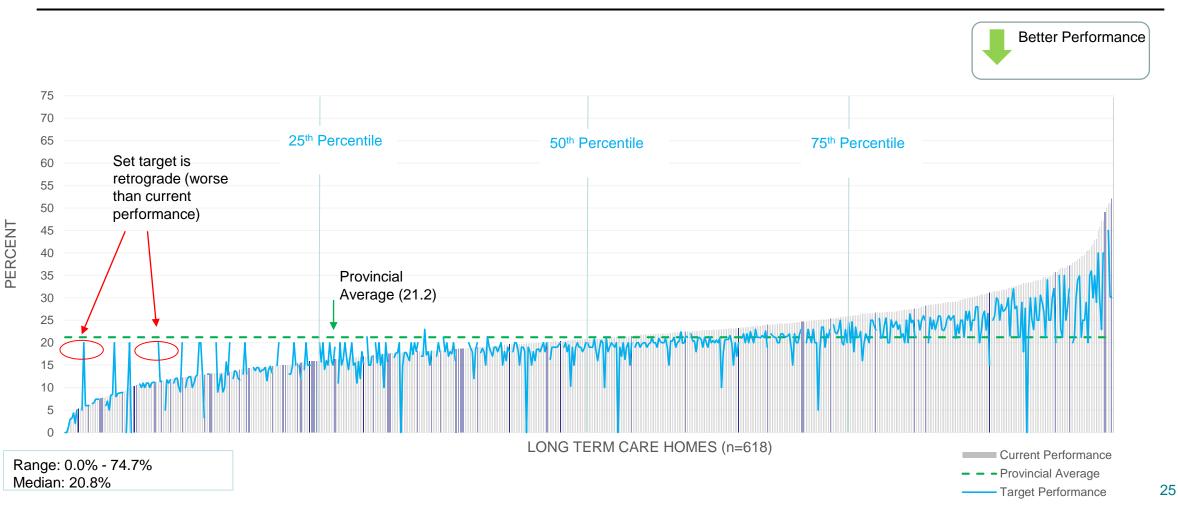
Ontario Provincial Average (Percentage) for Appropriate Prescribing of Antipsychotics QIP 2015/16 - QIP 2017/18; unadjusted data



The direction of improvement is reduced performance. The QIP reporting period for Long Term Care Homes is from 2015/16, therefore three years of data is available.

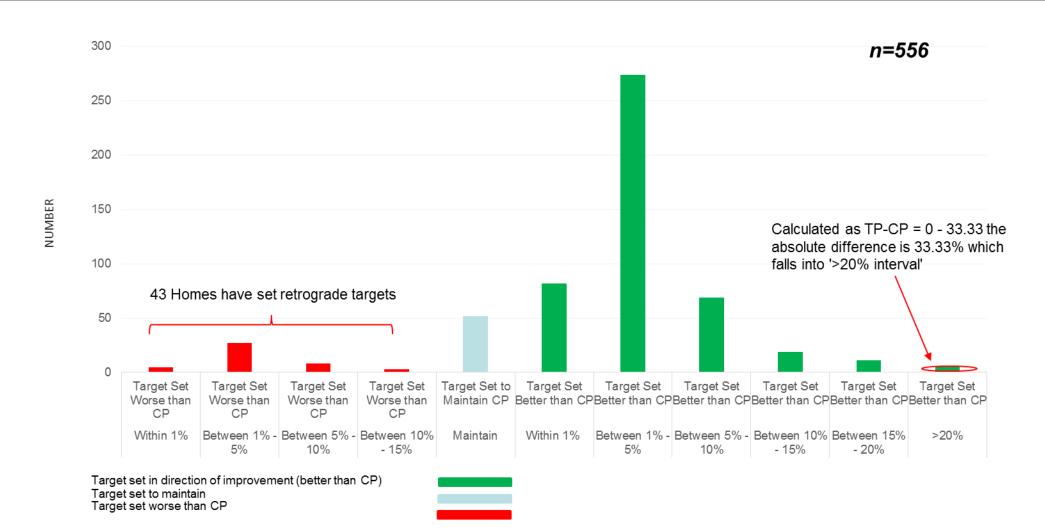
Current performance and targets, antipsychotic prescribing, 2017/18 QIP Workplan

Percent of LTC residents who were potentially given antipsychotics with out a diagnosis of psychosis

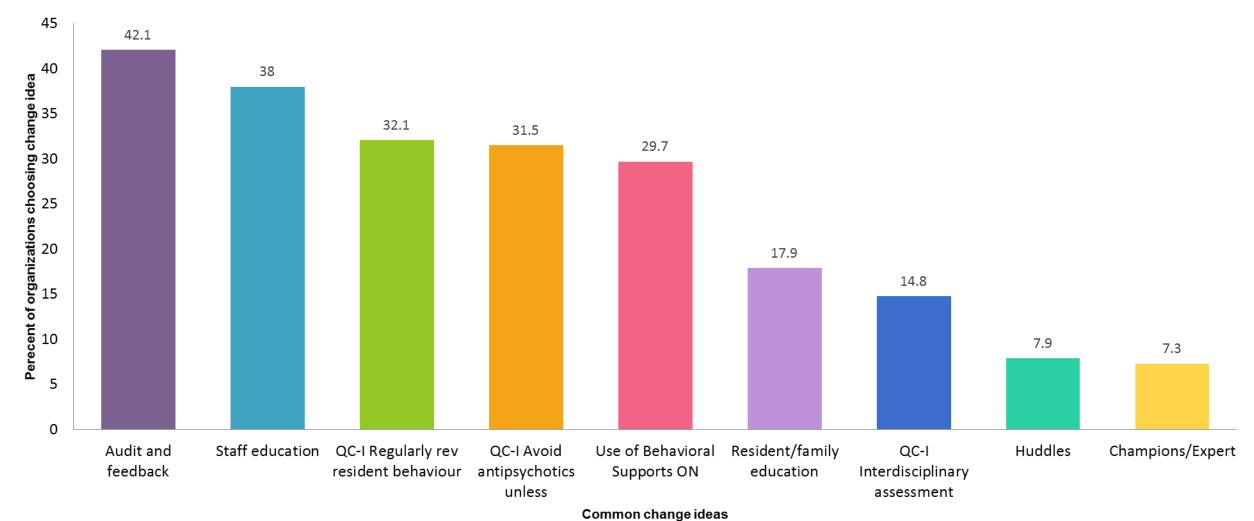


Workplan: Antipsychotic Prescribing, Distribution of Targets

Distribution of Targets Set for *Potentially Inappropriate Antipsychotic Use Indicator* Selected by LTC Homes in Comparison to their Current Performance, QIP 2017/18



Workplan: Antipsychotic Prescribing Change Ideas



Spotlight on improving appropriate antipsychotic prescribing; Woodingford Lodge

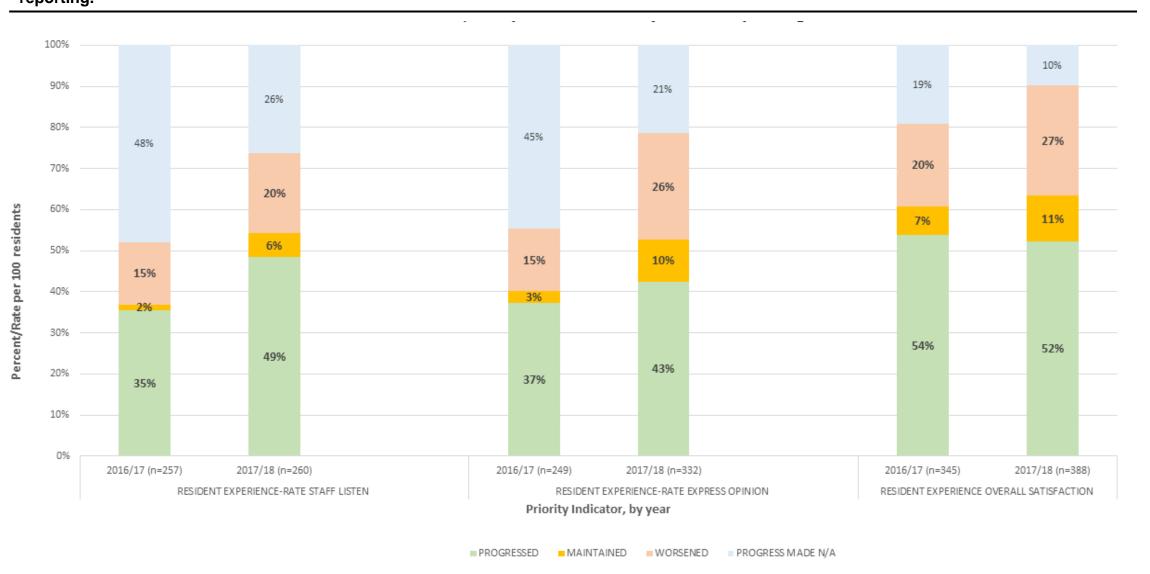
- Who was the intended population(s)? Residents with responsive behaviours
- What did the home do? A methodical process involving a collaborative review, was developed to uncover and trial suitable non-pharmacological and pharmacological interventions. They listened to resident's histories and family stories about their lives together. The multidisciplinary team collaborated with the embedded BSO team and brainstormed interventions based on those findings.
- **How did they do it?** They looked for appropriate non-pharmacological and pharmacological interventions to reduce boredom, loneliness, depression and anxiety.
- What changed? During this process, the embedded BSO Team developed the Antipsychotic Medication Review Tool, which has gained standing in the community for its ease of use, when reviewing medications, dosage, and frequency as is necessary. They also instituted a music and memory program

What were the outcomes?

- The Tool was presented to the Oxford County Geriatric Cooperative during OLTCA "This is LTC", resulting in the sharing of the Tool with other homes in Oxford County, other homes in the Province of Ontario and other service partners such as CCAC.
- After implementing the Antipsychotic Medication Review Tool and the introduction of the Music and Memory program, they have seen at the Woodstock location a gradual dose reduction and/or discontinuation of antipsychotic medications for participants by 65%.
- Previously where staff may have administered a PRN antipsychotic, personalized music has had desired effect in these applications, reducing PRN use by 8.5%.

Progress Report: Resident Experience

Percentage of LTC homes that progressed, worsened or maintained their performance on priority indicators, compared over two years of reporting.



Looking Forward

2018/19 QIPs

The QIP Consultation Process

Patient, Family, and Public Advisors Council

QIP Advisory Committee

Branches and departments at Health Quality Ontario

Sector associations

External data organizations

QI leads from various organizations



Determining 2018/19 QIP Priorities

The Narrative

- Is an executive summary of your QIP and is intended to introduce specific context for your QIP
- Is a means for engaging your patients and staff in QI planning

The Narrative is also a way to capture and understand emerging quality issues

For example, equity and workplace violence

QIP Workplan: Indicators

There are four types of indicators:

- Mandatory (NEW)
 - REQUIRED in QIP; tied to issues where province-wide improvement is urgently required
 - set by Minister upon consideration of advice from Health Quality Ontario (regulation 187/15 under the Excellent Care for All Act, 2010; only applies to Hospital sector)

Priority

- reflect organizational and sector-specific priorities, as well as system-wide, transformational priorities where improved performance is co-dependent on collaboration with other sectors.
- Recommended, not required. Must justify decision not to include in QIP

Additional

 measure important areas for QI and can be included in your QIP to reflect your organization's specific QI goals and opportunities

Custom

any other indicators your organization includes in your QIP

Quality Issues and Indicators for the 2018/19 QIPs

		Hospital	Primary Care	Home Care	Long-Term Care
Effective	Effective transitions	Readmission for one of CHF, COPD or stroke (QBP) (P) Readmission for mental health and addiction (P) Patient received enough information on discharge (P) Discharge summaries sent within 48 h of discharge (A)	7-day post-discharge follow-up (any provider) (P) 7-day post-discharge follow-up for select conditions (CHC) (P) Hospital readmissions for select conditions (A)	 Hospital readmissions (P) Unplanned ED visits (P) 	 Potentially avoidable ED visits for ambulatory care-sensitive conditions (P)
	Coordinating care	Identify patients with complex health needs (Health Links) (A)	Identify patients with complex health needs (Health Links) (A)	Identify patients with complex health needs (Health Links) (A)	
	Treatment of pain and use of opioids	Narrative	Narrative	Narrative	Narrative
	Wound care	Pressure ulcers (A)	Diabetic foot ulcer risk assessment (A)	Education & self-management (A) Closed diabetic foot ulcer (A)	Pressure ulcers (A)
Safe Efficient centred	Palliative care	Home support for discharged palliative patients (P)		End of life, died in preferred place of death (P)	
	Person experience	Would you recommend? (IP/ED) (P) Time to acknowledge complaints (A)	Patient involvement in decisions about care (P)	Client experience (P) Time to acknowledge complaints (A)	Resident experience (P) Time to acknowledge complaints (A)
	Access to right level of care	Alternative level of care rate (P)	Narrative	Narrative	Narrative
	Safe care/ medication safety	Medication reconciliation (discharge) (P) Medication reconciliation (admission) (A) Use of physical restraints in mental health patients (A) Antibiotic-free days (ICU) (A)	Medication reconciliation (A)	● Falls for long-stay clients (P)	Prescribing of antipsychotic medications (P) Restraints (A) Falls (A)
	Workplace violence	Overall incidents of workplace violence (M)	Narrative	Narrative	Narrative
Timely	Timely access to care/services	ED length of stay (complex) (A)	Timely access to primary care (patient perception) (P)	Wait time for home care (personal support worker, nurse) (P)	
Equitable	Population health/equity considerations	Narrative	Glycated hemoglobin testing (A) Colorectal & cervical cancer screening (A) Narrative	Narrative	Narrative

2018/19 QIP Indicators: Long-Term Care

- Avoidable ED visits for ambulatory caresensitive conditions
- Pressure ulcers
- Resident experience
- Restraints
- Falls
- Prescribing antipsychotic medication
- Percent complaints acknowledged

RETIRED

MODIFIED

NEW

Percent complaints acknowledged

QIP Narrative

2018/19

- Overview
- QI achievements from the past year
- Collaboration and integration
- Engagement of leadership, clinicians and staff
- Patient/resident engagement and relations
- Workplace violence and prevention
- Population health and equity
- Alternate level of care
- Opioid prescribing and opioid use disorder in the treatment of pain

Patient/Resident Engagement and Relations

There is a spectrum of approaches for engaging patients / clients / residents, including sharing, consulting, deliberating, and collaborating with advisors.

Describe how your organization has engaged your patients / clients / residents in the development and implementation of your quality improvement plan and quality improvement activities over the past year. What do you have planned for the year ahead?

Workplace Violence and Prevention

Please describe how workplace violence prevention is a strategic priority for your organization. For example, is it included in your strategic plan or do you report on it to your board?

Upcoming resources

- Quality Improvement Plan Guidance: Workplace Violence Prevention
- Insights into Quality Improvement: Workplace Violence Prevention from the 2017/18 Quality Improvement Plans
- Health Quality Compass section on workplace violence prevention
- Webinar

Population Health and Equity (collapsed)

How has your organization addressed/recognized the needs of unique populations in its quality improvement efforts including, for example, indigenous and francophone communities? How has your organization worked to promote health equity through your quality improvement initiatives?

Opioids Prescribing and Opioid Use Disorder in the Treatment of Pain

Describe what steps your organization is taking to support the effective treatment of pain including opioids treatment practices and promoting alternatives to treatment.

Prompts: Think about access to addiction services, social services, (sub) populations, etc.

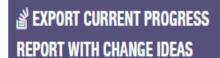
Looking Forward

Changes to Navigator

Navigator Key Dates and Timelines

- Navigator will launch by November 30, 2017
- Log in before March to ensure there are no surprises
- There will be Navigator training sessions this fall and winter to highlight the new functionalities
- Navigator closes briefly in February so that the indicator current performance values can be prepopulated
- Ensure the QIP is on your Board's calendar prior to April 1, 2018 submission.

Navigator Enhancements: Progress Report (PR)



≧ EXPORT CURRENT PROGRESS

REPORT WITHOUT CHANGE IDEAS

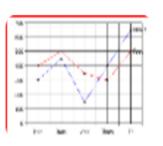
≧ EXPORT FULL PROGRESS REPORT TEMPLATE

To enter progress for a Measure/Indictor, click on the "EDIT" button under the ACTIONS column.

ID	INDICATOR (UNIT; POPULATION; PERIOD; DATA SOURCE)	ORG ID	PERFORMANCE STATED IN PREVIOUS QIP	PERFORMANCE TARGET AS STATED IN PREVIOUS QIP	CURRENT PERFORMANCE	COMMENTS	RESULTS
	% of french						

85.00

language
surveys offered
per french
speakingpreferred
resident 777888999 0.00 90.00
population
(%; Survey
respondents;



- Current performance in Progress Report and Workplan automatically linked
- Ability to add new change ideas
- Ability to export full Progress Report template
- Format change of Progress

 Report change ideas moved up,
 comments optional
- Ability to an graphic/results (graphs)

Navigator Enhancements: Workplan

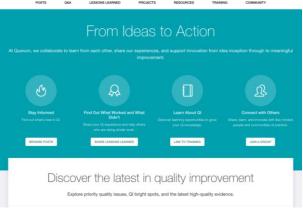


- Addition of resources (links) to change ideas window
- Ability to change order of change ideas
- Automated calculations for surveys
- Ability to export full workplan template

QIP Supports QUORUM

Ontario's new online health care quality improvement community





Great change ideas live here

And here, aligned to each indicator

Quality Compass



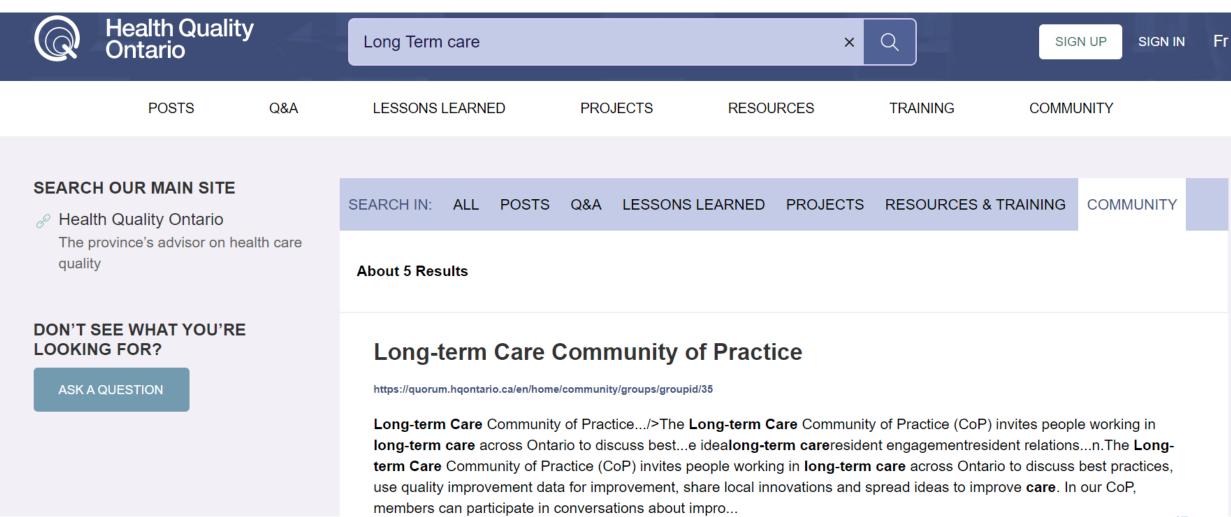
- Quality Compass is an online repository of evidence-informed information and change ideas focused on the priority indicators found in Ontario's QIPs.
- The tool supports health care leaders and providers in the primary care, home and community care, long-term care and hospital sectors to implement change.
- http://qualitycompass.hqontario.ca/



Polling question

How likely are you to apply at least one idea or concept from this webinar?

Are you a member of the Long-term Care Community of Practice on QUORUM?



Upcoming webinars with links

When

Wed Oct 11, 2017

1:00-2:30 pm

Wed Oct 11, 2017

2:30-3:30 pm

Tues Oct 31, 2017

10:30 to 11:30 am

Tues, Nov 7, 2017

• 12:10 p.m. – 1:00 pm

What

RNAO and Health Quality Ontario

Practical approaches to integrating and sustaining best practices in Ontario LTC homes required, care and services programs and quality improvement plans (QIP) **RNAO.ca/events/LTCLeague**

OARC and Health Quality Ontario 'An Introduction to Quality Improvement Plans and How Long-Term Care Residents Can Get Involved

https://attendee.gototraining.com/r/3274687960640327938

Measuring Up for Long Term Care & Home level data

https://attendee.gotowebinar.com/register/4735960904208940291

Patient Engagement with IDEAS

Learn about patient engagement in quality improvement.

• IDEAS Webinar Series https://attendee.gotowebinar.com/register/2360014133119912451

Health Quality Ontario

Hip Fracture Standard

https://attendee.gotowebinar.com/register/2360014133119912451

Fri, Nov 14, 2017

• 10:30 to 11:30 am

Thank you.

LET'S CONTINUE THE CONVERSATION:

- hqontario.ca
- @HQOntario
- HealthQualityOntario
- f @HQOntario
- in Health Quality Ontario
- qip@hqontario.ca

Health Quality Ontario

Let's make our health system healthier

Learn about shareable ideas in 5 Steps using **Query QIP**

- 1. Go to HQO's Navigator website. Search for "<u>HQO Navigator</u>" in your internet browser and click on this site. You don't need to login, as Query QIP is publically available.
- 2. Click on the "Query QIP" tab at the top of the webpage, and you will see a drop down menu of options.
- 3. Decide if you want to search by text or by indicator, and if you want to search the Narrative, Workplan or Progress Report. Each report is created separately.
- 4. If you select "text" (and not indicator), enter the term / text you want to search in the first field. If you select "indicator" (and not text), consider if this indicator is a priority, additional or custom QIP indicator. Select this as a parameter before selecting the indicator you want to search. If you don't know if the indicator is a priority, addition or custom indicator, simply select all three. Answer each of the other fields in turn to complete your report parameters.
- 5. To see each use of the term / text in the report you are creating, make sure you say "yes" to the last question, which highlights your text word with every instance of its use in the report.

If you have any trouble using Query QIP, or any of the Navigator functionality email: qip@hqontario.ca.

Get connected to Quality Standards. Each quality standard focuses on a certain health care issue and consists of:



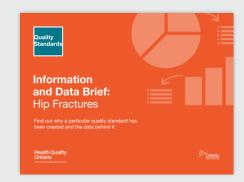
Clinical Guide



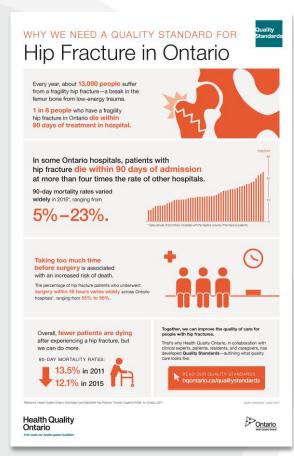
Patient Guide



Recommendations for Adoption



Information and Data Brief



Data Infographic



A Getting Started

Guide and Action

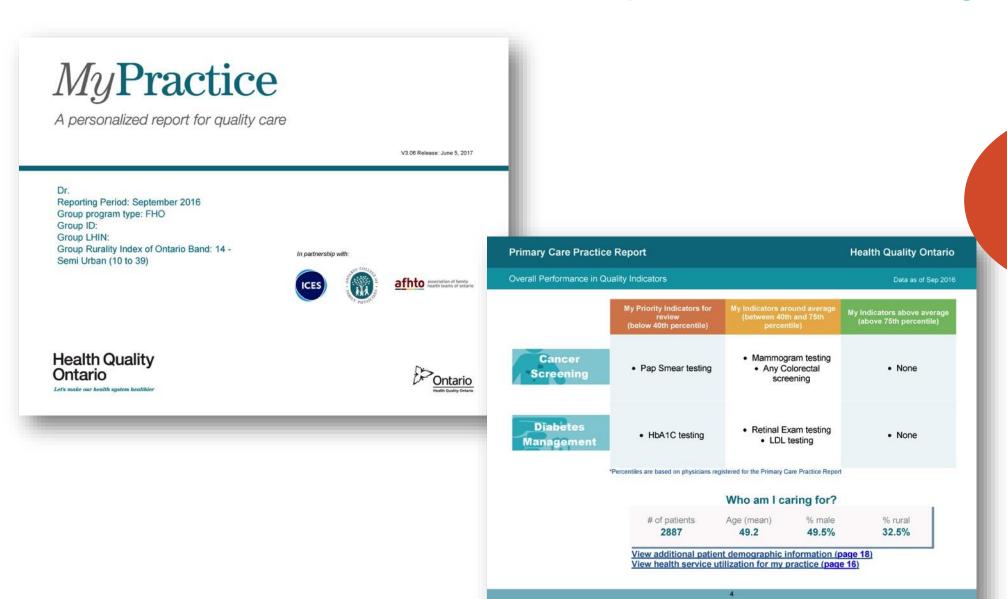
Plan Template to

assist providers,

teams and

improvement.

Practice Reports for Primary Care and Long-Term Care



Each report
features a
customized
dashboard which
monitors overall
performance

Patient Engagement

Helping patients and the system engage through tools and resources





Engaging with Patients and Caregivers about Quality Improvement

A Guide for Health Care Providers